

*PULSE 2024-2025*



*Dignity*

*Community*

*Empowerment*

*Care*

*Justice*







# PULSE Student Workbook

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# The PULSE Program for Service Learning

“What we have to learn to do, we learn by doing.”

Aristotle, *Nicomachean Ethics* (1103b1)

The PULSE Program aims to foster the growth of a critical social justice consciousness in BC students through the interplay of community service in conjunction with critical reflection on classic and contemporary works of philosophy and theology.

In 1969, concerned BC students saw the need to integrate social action with academic reflection. During this time, there were continual protests on campus that philosophy and theology had no relevance to “real life” concerns. Attempting to rectify these misconceptions, student Patrick Byrne (who later became a PULSE professor in the Philosophy Department) formed the Social Action Committee under a UGBC mandate. Working with Fr. Joseph Flanagan, S.J. (then chair of the Philosophy Department), the PULSE Program was conceived to enable students to gain academic credit for the study of philosophy and theology in conjunction with service in Boston-area non-profit organizations.

At a time of increasing violence in the anti-war movement, the PULSE Program was created as a non-violent initiative to serve others and foster social change. Its original mandate focused on improving urban social conditions by emphasizing rapid and marked social change through coordinated student action. Over time, the program’s emphasis shifted towards positive participation in community initiatives and continued reflection on the nature and extent of the problems of modern community life.

The PULSE Program was one of the first service-learning programs in the world (even predating the term “service learning” itself). Today, over fifty-four years later, PULSE is an internationally-recognized model program. PULSE now offers 16 core classes and 12 elective courses, partners with over 70 community agencies, and enrolls about 500 students each year.

# The PULSE Program: Who's Who

## PULSE Staff 2024-2025

### **Cooney Family Director**

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### **Education Assistant**

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## PULSE Core Faculty 2024-2025

Uche Anozie, Philosophy

Stephen Pope, Theology

Greg Fried, Philosophy

Martín Maira Sotomayor, Philosophy

Yonder Gillihan, Theology

Joshua Snyder, Theology

Suzanne Hevelone, Theology

Meghan T. Sweeney, Theology

Marina McCoy, Philosophy

Mary Troxell, Philosophy

Greg Mileski, Theology

James Weiss, Theology

## PULSE Electives Faculty 2024-2025

Dave Manzo, Philosophy

Kathleen Hirsch, Philosophy

Alexis Rizzuto, Philosophy

Kristen Heyer, Theology

# The PULSE Program: Who's Who

## PULSE Council 2024-2025

The PULSE Council consists of eighteen students who have taken the PULSE yearlong core course and have been selected by the previous year's council to continue working with the program as student leaders. Council Members assist students and supervisors by answering questions, discussing concerns, and acting as a resource for everyone involved in PULSE. Each Council Member has three office hours per week in the PULSE office. Additionally, during the course of the semester, the Council Member will arrange meetings with all students serving at a particular partner. Meetings are mandatory and take place twice each semester (***attendance at council meetings is counted as part of a core student's class attendance/participation grade***). These meetings provide PULSE students with an opportunity to discuss issues in depth that pertain specifically to their PULSE service site.

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# Information for Your Year in PULSE

## **Class, Discussion, & Service Schedules**

- \* You will be in the same PULSE section for the fall **and** the spring semesters.
- \* You **must** be registered via EagleApps for at least one of the discussion times that correlates with your PULSE section.
- \* Switching your PULSE service schedule is **only possible with approval** from your PULSE supervisor and the PULSE office.
- \* **When BC classes are in session, PULSE service is in session.** If the Community Partner has a break during a time that BC classes are in session, the supervisor may opt to assign alternative projects.

## **PULSE Program Policies**

- \* The service grade from your PULSE service is a significant portion of your grade, as is your attentiveness to the PULSE Program policies.
- \* In order to earn an A in the course, a student **must** earn an A in the classroom component of the course.
- \* In order to pass the course, a student **must** pass the service and classroom components of the course.
- \* Students who fail the fall semester of the PULSE core course may not continue in the spring semester.
- \* Students may not friend, follow, post any information about any individuals from their PULSE service sites, etc. on social media.
- \* PULSE students may not give out their phone numbers or personal information to clients/community members from their PULSE service sites.



# Information for Your Year in PULSE

## **Professionalism in Service**

Professionalism is composed of several factors, including punctuality, communication, positive attitude, flexibility and adaptability, perspective, attentiveness, appropriate attire, interaction with others, good manners, organization, timeliness, and dedication to your service.

**Ask your PULSE supervisor how to dress and act appropriately for service and be receptive to their requirements and feedback.**

## **Engaging in Service**

### **\* *Street Smarts* Presentation**

Please attend or watch the *Street Smarts* presentation. Even if you're familiar with being and traveling in public spaces, it's helpful to learn about or remind yourself of best practices. And you may learn something new! Street Smarts 2024 will be on Wednesday 9/18 from 6pm-7pm.

### **\* **Engaging in Public Spaces****

As young adults who are functioning in public spaces and ways more so, and differently than, you might have in high school, you may encounter people or situations that give rise to thoughts and feelings in you of discomfort or embarrassment, and that may stretch your understanding of appropriate interpersonal interactions, etc. *While PULSE will stretch you – that is an essential part of learning! – please do tell your community partner supervisor, or your PULSE professor, or a member of the PULSE staff if there's something that creates discomfort for you beyond which you are able to address on your own and/or should address on your own (if nobody knows, then nobody can talk with you about it).*

### **\* **Respecting Community Partners****

Each PULSE community partner will likely have rules about how things are to be done, how staff and volunteers are to comport themselves, what situations to report, etc. Even if you don't understand or agree with a rule, please respect and follow the rules of the partner you're serving with because they likely exist for the benefit of everyone, including you.

# Information for Your Year in PULSE

## **PULSE Commitment Statement and Attendance Policy Academic Year 2024-2025**

The PULSE Program for Service Learning understands that a human being becomes a person through the exercise of social responsibility. Your participation in PULSE commits you to your service partner and the individuals whom your partner serves.

Regular attendance at your community partner is the foundation of your service. Lack of consistency and reliability in attendance can be very harmful to an agency and the community it serves, not just because lack of attendance can disrupt the operations of an agency, but also because lack of consistency and reliability undermines the trust required for the development of human relationships. Thus, every PULSE student is expected to adhere to the service schedule set out in their Learning Work Agreement (the LWA is a document you will receive and work on with your community partner supervisor in late September / early October). There are consequences for a student who does not meet their social responsibility and the commitment they are making in PULSE. The Community Partners and the people they serve deserve the best of you.

- 1) Students are expected to attend *all* scheduled service shifts as laid out in the LWA.
- 2) Students may miss up to 1 shift of service per semester (or 2 shifts per semester if the student usually serves two or more shifts per week) due to illness without having to make it up. *Timely notification to supervisors is expected* (i.e., no last-minute texts to supervisors; please be sure you have an agreed-upon way and timeframe to communicate with your supervisor). [Note: In the case of a prolonged illness, the student will need to secure a note from their academic class dean and be in contact with the PULSE office. The student is expected to make up all missed service hours due to dean-excused illness before the conclusion of the reading period at the end of the semester. Any shifts not made up will impact the final service grade.]
- 3) Any student-initiated departure from the agreed-upon service schedule as laid out in the LWA will result in a lowered service grade. This means, for example, a student may not arrive late or leave service early on a given day thinking they can make up their hours during another shift, or a student cannot decide they will switch their service days during a particular week because it works better with their schedule, etc.

***The service schedule you commit to in the LWA is the service schedule you commit to.*** [Note: the PULSE Program recognizes that there may be rare reasons for a student's service schedule to *permanently* change (*not* change from week to week) within a semester; if a situation arises in which a *permanent* schedule change may seem warranted, a conversation with the student, the supervisor, and the PULSE office, and approval from the PULSE office, is required.]

4) *At their discretion*, a community partner supervisor *may* allow a student to make up missed service (over and above the one or two illness absence). However, a student may not make up more than one shift during a semester. Additional missed shifts will have a negative impact on the student's final service grade.

5) Failing to attend service is unacceptable. A no-show to service will put a student on notice of termination. Repeated lack of attendance will result in the student's termination from service and thus result in a failing grade in the course.

6) A student's service in the first part of September (or January in the case of a spring semester PULSE elective course) is finding a service partner. The PULSE office keeps track of student engagement in the placement process, and non-participation or lackluster participation in the placement process will have negative impacts on the overall service grade. Additionally, if a student begins service later than they should because of a lack of engaged participation in the placement process, the student's final service grade will be impacted.

7) For students in the PULSE yearlong core course, PULSE's expectation is that a student's service schedule as set out in the fall LWA will be their service schedule for the spring. However, PULSE recognizes there may be legitimate but rare reasons for a student to need to change their service schedule for the spring; in this case, any permanent schedule change for the spring must be in conversation with and approved by the student, the community partner, and the PULSE office.

*(Your PULSE professor will discuss this commitment statement and attendance policy at the beginning of the semester.)*

# Information for Your Year in PULSE

## Key Dates for PULSE, Fall 2024

9/4	Mandatory PULSE Town Meeting (7-9pm)
9/5 & 9/6	Mandatory Advisement
9/7	Tour Sign-ups (9am)
9/9-9/17	Tour Period
9/18	<i>Street Smarts</i> - BCPD teaches practical safety tips (6pm)
9/19	Respond to all service offers
9/23	PULSE service begins for Fall 2024
9/20-9/27	CharlieCard distribution for Fall PULSE service
10/14-10/15	Fall Break, no service
10/14	Fall Break and Indigenous People's Day, no service
10/18	Learning Work Agreements (LWAs) due
11/13	Reuben Jonathan Miller Lecture (7pm, Gasson 100)
11/27-12/1	Thanksgiving Break, no service
12/9	Last day for fall PULSE service
Every Tuesday	Weekly PULSE-Y Email

# Information for Your Year in PULSE

## Key Dates for PULSE, Spring 2025

1/13	PULSE Service begins for Spring 2025
1/13-1/17	CharlieCard distribution for Spring 2025 PULSE service
1/20	MLK Jr. Day, no service
1/31	Optional LWA Addendum due
3/3-3/8	Spring Break, no service
4/17-4/21	Easter Break, no service
4/21	Patriots' Day, no service
4/22	BC follows a Monday schedule
5/1	Last day for spring PULSE service
Every Tuesday	Weekly PULSE-Y Email

# How to Use this Workbook

## **1) Fill in Your Schedule**

**Page 17**

Your schedule plays a key role in the placement process. This will help you visualize when you will be most available to serve. You must bring your schedule to your advisement session.

## **2) Research PULSE Community Partners**

**Page 26**

With over 60 community partners, there are many agencies where you may be able to serve. Scan the QR code on page 26 to go directly to the list of community partners, or visit [www.bc.edu/pulse](http://www.bc.edu/pulse) and click on the ‘PULSE Student Site’.

## **3) Register for Town Meeting**

**by Friday 8/30**

After researching Community Partners, fill out the online Town Meeting registration form indicating the four partners that most interest you. You will find the link to the form on the PULSE Student Site in the “Resources for September” Google folder.

## **4) Book an Advisement Session**

**by Friday 8/30**

Book a mandatory advisement session through the PULSE “Resources for September” Google folder. Booking early ensures that you will find an advisement session that works well with your schedule. Don’t forget to record the date and time of your advisement session on page 19.

## **5) Attend the PULSE Town Meeting**

**Wednesday 9/4, 7pm**

The purpose of this meeting is to learn more about the Community Partners you are most interested in at this time. You will attend information sessions about the 3-4 partners for which you registered. Take notes on pages 20-21.

## 6) Attend Advisement

Thursday 9/5 & Friday 9/6

During a 15-minute session, PULSE Council members will help you to explore which PULSE service opportunities are best suited to your interests and schedule, and will answer any questions about the process ahead. Take notes on page 22-23.

## 7) Tour Community Partners

Monday 9/9 – Tuesday 9/17

Attend 3-4 tours to experience more fully the community partners that interest you. Sign up for tours via the link in the “Resources for September” Google folder starting at 9am on Saturday 9/7. Take notes on page 24-25.

- If you are going to miss a tour, you **must** cancel the appointment via your SignUp genius confirmation email.
- Be sure to dress appropriately and be attentive to any tour requirements listed in the Master Tour Sheet.

## 8) Accept an Offer

Wednesday 9/18

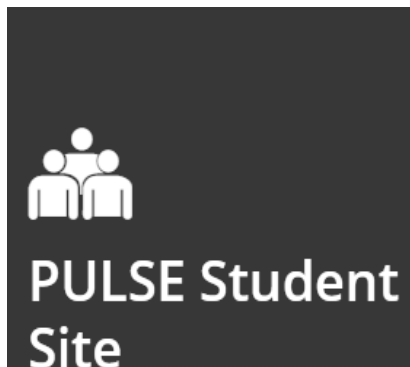
- By Wednesday 9/18, each supervisor will notify you if they can offer you a service position. Be sure to **check your *spam folder*** to ensure you are not missing any pertinent emails!
- By Thursday 9/19 at 1pm *at the latest*, you must respond to ***all*** offers, whether you are accepting or declining.
- Once you have accepted an offer from a PULSE Community Partner:
  - Register your PULSE service site online via the link in the PULSE Google folder.
  - Start PULSE service the week beginning Monday September 23rd!

**Note: Once you accept an offer, you are committed to that partner and schedule for the *entire* year. You cannot switch your PULSE service site, or schedule once you have accepted an offer.** If you have not accepted an offer by 9/19, email pulse@bc.edu.

## Step 1: Fill in Your Schedule

It is very important to keep your schedule in mind during the placement process. Including transportation, you will need to keep two approximately 6-hour blocks or one approximately 10-hour block open each week during the hours of Monday-Friday 8am-7pm, in order to complete 8 hours of on-site service plus travel.

- Using the schedule on the next page, fill in your academic and other commitments throughout the year. ***Keep in mind that PULSE service is an ACADEMIC COMMITMENT and takes priority over non-academic activity.***
- Review this schedule to map out when you will complete your service, remembering to include about an hour or so of travel time on both ends of your service.
- The BC shuttle and the MBTA trains and buses can be unpredictable. Be aware of this when planning your service time. ***Always overestimate how long your travel will take, especially when you start your service and are learning the route.***
- **Remember:** You are committing to this PULSE Community Partner for the entire year with the schedule you choose in the fall. Schedule changes cannot be made unless approved by your PULSE supervisor and the PULSE office.





	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 AM					
9:00 AM					
10:00 AM					
11:00 AM					
12:00 PM					
1:00 PM					
2:00 PM					
3:00 PM					
4:00 PM					
5:00 PM					
6:00 PM					
7:00 PM					

## Step 2: Explore PULSE Community Partners

Use the space below to mark down PULSE Community Partners you are interested in once you have researched all the PULSE Community Partners on the PULSE Student Site.

### **PULSE Community Partners I am interested in:**

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### **Questions to consider:**

- Have you read the description of these partners on the PULSE website?
- Does your schedule work with each of these partners?
- Have you done this kind of service before? Would you like to try something new?
- Which of these partners would you like to learn more about at Town Meeting?

# Steps 3-4: Sign Up for Town Meeting & Advisement by Friday 8/30

Be sure to register for Town Meeting and to book an advisement session by Friday, 8/30. Attending both the Town Meeting and your booked advisement session is **mandatory**.

I have registered for the Town Meeting, including the four partners that I am most interested in, on the PULSE current student website under “Resources for September.”

I have booked an advisement session on the PULSE current student website under “Resources for September.”

**My advisement session takes place on:**

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**If you have questions:**

- First, check this workbook and the PULSE student Google folder, “Resources for September.”
- If your question is not answered by the workbook or the website, please email [pulse@bc.edu](mailto:pulse@bc.edu).
- **All Advisement sessions will take place with a PULSE Council Member in Stokes N203.**

**Step 5: Attend Town Meeting**  
**7:00pm on Wednesday 9/4**

**PULSE Community Partner 1:** \_\_\_\_\_

**Supervisor:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Tour Times:** \_\_\_\_\_

**Council Member:** \_\_\_\_\_ **Email:** \_\_\_\_\_

Notes:

**PULSE Community Partner 2:** \_\_\_\_\_

**Supervisor:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Tour Times:** \_\_\_\_\_

**Council Member:** \_\_\_\_\_ **Email:** \_\_\_\_\_

Notes:

**Step 5: Attend Town Meeting**  
**7:00pm on Wednesday 9/4**

**PULSE Community Partner 3:** \_\_\_\_\_

**Supervisor:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Tour Times:** \_\_\_\_\_

**Council Member:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Notes:**

**PULSE Community Partner 4:** \_\_\_\_\_

**Supervisor:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Tour Times:** \_\_\_\_\_

**Council Member:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Notes:**

## Step 6: Attend Advisement

Thursday 9/5 or Friday 9/6

**Additional PULSE Community Partners to consider:**

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**You can begin signing up for tours on the PULSE student website on Saturday 9/7 at 9:00am. An email will be sent to all PULSE sections indicating when tours are ready to view and sign up for.**

## Step 6: Continuing notes during Advisement

**PULSE Community Partners I want to tour:**

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**You can begin signing up for tours on the PULSE student website on Saturday 9/7 at 9:00am. An email will be sent to all PULSE sections indicating when tours are ready to view and sign up for.**

# Step 7: Tour PULSE Community Partners

Monday 9/9 through  
Tuesday 9/17

You can begin signing up for tours on the PULSE student website on Saturday 9/7 at 9:00am. An email will be sent to all PULSE sections indicating when tours are ready to view and sign up for.

Tour 1: \_\_\_\_\_

Notes:

Tour 2: \_\_\_\_\_

Notes:



## **Step 7: Tour PULSE Community Partners**

**Monday 9/9 through**  
**Tuesday 9/17**

You can begin signing up for tours on the PULSE student website on Saturday 9/7 at 9:00am. An email will be sent to all PULSE sections indicating when tours are ready to view and sign up for.

Tour 3: \_\_\_\_\_

Notes:

Tour 4: \_\_\_\_\_

Notes:

## **PULSE Community Partners**

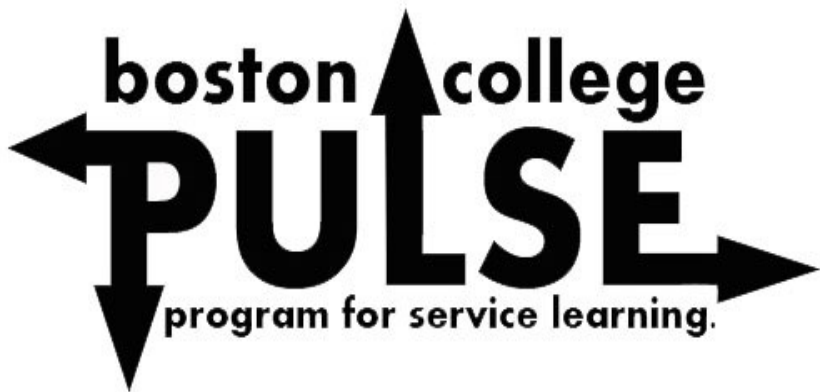
*For a full list of PULSE Community Partners please refer to the “PULSE Student Site” section of the website for access to the Google folder with more in-depth descriptions of each Community Partner, including specific service hours for PULSE students.*

***www.bc.edu/pulse***



*This QR code below will also take you directly to the list of PULSE Community Partners.*





## History of Current Community Partnerships

Current Partners (2024-2025)	Years Paired	Years Total
826 Boston	2014-present	11
ABCD AmeriCorps Senior Foster Grandparents Program	2020-present	5
ABCD Inc. (Housing and Homelessness Prevention)	2023-present	2
Action for Boston Community Development, Inc. (ABCD, Inc.)	1976-1977, 2010-2020, 2021-present	15
Allston Brighton Community Development Corporation	2023-present	2
The American Red Cross Boston Food Pantry	2022-present	3
Asian American Civic Association	2005-2013, 2022-present	11
Boston Arts Academy Library	2023-present	2
Boston College Supported Employment Program	2018-present	7
Boston Community Hub Schools	2023-present	2
Boston Green Academy	2021-present	4
Boston HealthCare for the Homeless-Foot Clinic at St. Francis House	2003-2020, 2021-present	21
Boys and Girls Clubs of Dorchester	2021-present	4
Bridge Over Troubled Waters	2005-2020, 2023-present	17

## History of Current Community Partnerships

Current Partners (2024-2025)	Years Paired	Years Total
Brighton High School 7-12	2021-present	4
Cambridge Housing Authority Work Force Program	2008-2020, 2021-present	16
The Campus School at Boston College	1971-1972, 1976- 2020, 2021-present	49
Capuchin Mobile Ministries	2024-present	1
Cathedral High School	1973-75, 2022-present	5
Catholic Charities El Centro del Cardenal	2020-2022, 2023-present	4
Catholic Charities Labouré Center	2020-present	5
Catholic Charities Teen Center at St. Peter's	2009-2020, 2021-present	15
<i>common cathedral</i>	2018-present	7
Community Caring Clinic	2022-present	3
Community Work Services	2020-present	5
Cristo Rey Boston	2020-present	5
East Boston High School	2018-present	7
Educational Development Group	2009-2021, 2024-present	13
The English High School	2021-present	4

## History of Current Community Partnerships

<b>Current Partners (2024-2025)</b>	<b>Years Paired</b>	<b>Years Total</b>
EVkids	2022-present	3
Friendship Works	2023-present	2
Gardner Pilot Academy	2022-present	3
Haley House	1976-present	49
Harlem Lacrosse-Boston	2018-present	7
Hernández After-school Program	2019-present	6
James Otis Elementary School	2005-2020, 2021-present	19
John M. Barry Boys and Girls Club	2019-2020, 2021-present	5
Julie's Family Learning Program	2020-present	5
JVS Boston	1986-2001, 2016-present	24
Little Brothers Friends of the Elderly Boston	1983-present	42
Living Well at Home Program/Boston Medical Center	2012-2014, 2017-2022, 2023-present	9
Mission Grammar	2022-present	3
MissionSAFE	2000-2003, 2022-present	6
Mother Caroline Academy	2022-present	3

## History of Current Community Partnerships

Current Partners (2024-2025)	Years Paired	Years Total
Mujeres Unidas Avanzandos	2020-present	5
Nativity Preparatory School	1999-present	26
NeighborHealth (formerly East Boston Neighborhood Health Center)	1993-present	32
New Academy Estates/URIAH	2019-present	6
Newton Food Pantry	2022-present	3
The Outdoor Church of Cambridge	2021-present	4
Pine Street Inn	1976-2020, 2021-present	48
Prison Book Program	2023-present	2
Project Bread's FoodSource Hotline	1989-2019, 2022-present	33
Project Citizenship	2021-2023, 2024-present	3
Project Place	1974-1975, 2006-2018, 2019-present	19
Rosie's Place	1976-2020, 2022-present	47
Roxbury Youth Programs	2004-2020, 2023-present	18
Samaritans, Inc.	1977-present	48

## History of Current Community Partnerships

Current Partners (2024-2025)	Years Paired	Years Total
St. Francis House	1987-2020, 2021-present	37
St. Mark Community Education Program	2017-2019, 2020-present	7
St. Stephen's Youth Programs	1990-1991, 2006-present	20
Suffolk County House of Corrections	1993-2020, 2021-present	31
Transitions	2024-present	1
United South End Settlements	2015-2019, 2021-present	8
Watertown Boys and Girls Club	2019-present	6
West End House	2002-2013, 2014-2020, 2021-present	21
Women's Lunch Place	1991-1995, 2007-2011, 2018-present	15
YMCA Adult Education and Training Center	2019-2022, 2023-present	5
YMCA@ Charlesview Community Center	2014-present	11
YMCA of Greater Boston @The Winship Elementary School	2002-2005, 2018-2020, 2021-present	9
YouthBuild Just A Start	2024-present	1



**Partners accepting PULSE Elective students (2024-2025)**

*\*subject to change*

826Boston

The American Red Cross Boston Food Pantry

Boston HealthCare for the Homeless Foot Clinic at St. Francis House

Catholic Charities Teen Center at St. Peter's

*common cathedral*

Educational Development Group

Friendship Works

James Otis Elementary School

Little Brothers Friends of the Elderly

Mujeres Unidas Avanzandos

Prison Book Program

St. Mark Community Education Program

St. Francis House

Transitions

Women's Lunch Place

# Summary: The Placement Process 2024

## **1&2) Fill in schedule & explore service options**      First week of classes

The workbook will walk you through the process of exploring PULSE service opportunities that work with your interests and schedule. You should read through the descriptions of PULSE partners and make a preliminary selection of those that interest you. Be sure to explore more detailed information on our current student website at [www.bc.edu/pulse](http://www.bc.edu/pulse)

## **3&4) Register for Town Meeting & Advisement**      by Friday 8/30

On the current student website under “Resources for September,” you will fill out the Town Meeting registration form indicating the four partners which most interest you, and book an advisement session.

## **5) Attend the Town Meeting**      Wednesday 9/4

Attend information sessions from 7pm to 9pm for partners that most interest you, and be open to exploring other options.

## **6) Attend advisement**      Thursday 9/5 & Friday 9/6

Attend the advisement session that you booked with a PULSE Council member to discuss potential PULSE service options.

## **7) Sign up for tours**      Saturday 9/7

Sign up for tours on the current student website beginning at 9:00am on Saturday, 9/7.

## **8) Attend tours**      Monday 9/9 – Tuesday 9/17

Tour and apply to 3-4 partners that most interest you.

## **9) Respond to *all* offers**      by Thursday 9/19 at 1pm

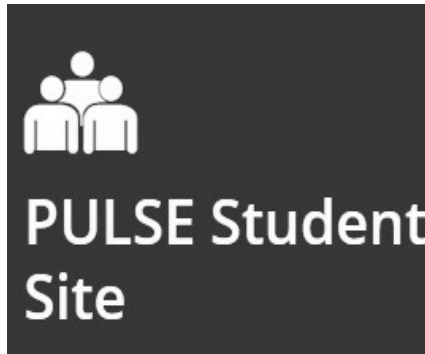
All supervisors will let you know by Wednesday 9/18 if you have an offer to serve at their agency. Respond by Thursday, 9/19 at 1pm to *all* those who have made offers. If you have not accepted an offer by 9/19, email [pulse@bc.edu](mailto:pulse@bc.edu)

## **10) Begin PULSE service**      Monday 9/23

Register your PULSE service and schedule via the link in the “Resources for September” Google folder.

## Questions?

- First, refer to our current student website ([www.bc.edu/pulse](http://www.bc.edu/pulse)), click on “PULSE Student Site” sign), particularly in the “Resources for September” Google folder or refer to this workbook. You may also scan the QR code below to directly view descriptions of PULSE Community Partners.
- If your question is not answered by the website or the workbook, email [pulse@bc.edu](mailto:pulse@bc.edu)
- If your question relates to a specific PULSE community partner that you are interested in and cannot be answered by the website or the workbook, you can email the PULSE Council member for that partner directly. The Council member for each partner is listed on the website partner descriptions, and the council members’ email addresses are on page 7 of this workbook.



## **About the Front Cover Art and Artist**

The front cover art is an original work by Ayodeji, a guest who attends art sessions at St. Francis House's Margaret Stewart Lindsay Art Therapy Studio.

Expressive art is a tool to explore, develop, and practice creativity as a means to wellness and healing at open studio sessions.

In this painting, Ayodeji is honoring everyone and everything in the cosmos.

The PULSE Program is most grateful to Ayodeji for sharing his gifts with PULSE.

## **About St. Francis House**

St. Francis House was founded in 1984 and has been a PULSE community partner since 1987.

Learn more about Expressive Art at St. Francis House in this article:



## **The PULSE Program: The Office**

The purpose of the PULSE office is to serve students, faculty, and community partners involved with the PULSE Program. In the office, the people you're likely to see there are the assistant director, the director, the graduate assistant, the members of the PULSE Council, and other students enrolled in the program. Please don't hesitate to contact us with your PULSE-related matters.

Physical Location: Stokes 125N

Office Hours: Monday-Thursday from 8:30am-4:00pm, and Fridays from 8:30am-2:45pm

Email: [pulse@bc.edu](mailto:pulse@bc.edu)

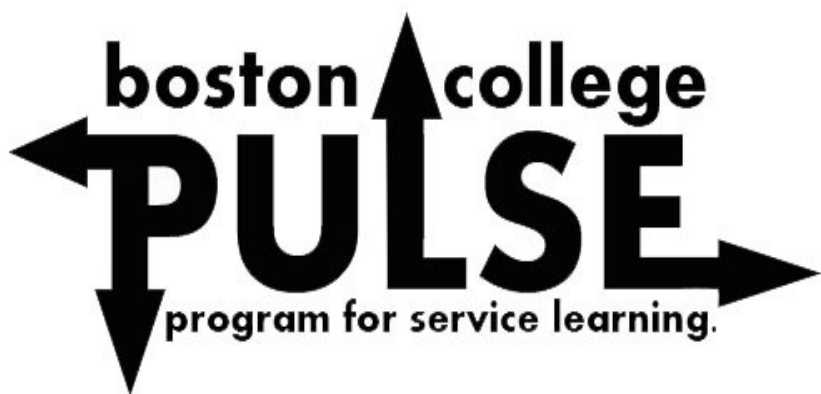
Website: [bc.edu/pulse](http://bc.edu/pulse)

Phone: 617/552-3495

## **The PULSE Program: The Student Website**

On the PULSE homepage, click on the icon shown below to access the PULSE student website. There you will find more information about community partners, the placement process, etc.









Kelley Knox



Thomas Aquino



Phoebe Barnes



Casey Johnston



Alan Chang



Carolyn Alquist



Xingyan (Henry) Wang



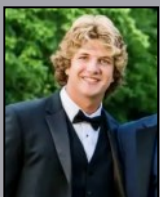
Angelina Kaur Dooa



Leo Brickner



Lily Jiang



Will Betterly



Anna Fontes



Matthew Lee



Joey Monti

*"Charity is scraps from the table, and justice is a seat at the table.*

*Charity is giving to others what belongs to you.*

*Justice is giving others what belongs to them."*

*Kip Tiernan,  
Founder of Rosie's Place*



Sam Hart



Sophia Liu



Mikey Mahoney



Tony Le



PULSE Council 2024-2025