

## Curriculum Vitae

**Date Prepared:** December 11, 2024  
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**Place of Birth:** Montréal, Québec, Canada

### Education



1992-1995	BSc	Biology (concentration neurobiology)	McGill University
1995-1997	BSc Cum Laude	Psychology	McGill University
1998-2000	MA	Counseling Psychology	Boston College
2000-2006	PhD	Counseling Psychology (Brinton Lykes, PhD)	Boston College

### Postdoctoral Training

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09/2005-08/ 2007	Post-Doctoral Fellow	School based mental health	Boston Children's Hospital
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### Faculty Academic Appointments

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09/2007-08/ 2015	Instructor	Psychology	Harvard Medical School
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### Appointments at Hospitals/Affiliated Institutions

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09/2007-08/ 2015	Assistant	Psychology	Boston Children's Hospital
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### Other Professional Positions

07/2021-

Present	Associate Professor of the Practice.	Boston College (Counseling Psychology Department)
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09/2012-06/ 2021	Adjunct Professor	Massachusetts School of Professional Psychology
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01/2012-05/ 2021	Adjunct Professor	Lesley University
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10/2009-present	Psychologist	Vanessa Prosper, PhD (Private Practice)
10/2008-09/2009	Psychologist	Multicultural Counseling Services (Group Practice)
09/2006-07/2021	Adjunct Professor	Boston College (Counseling Psychology Department)
03/2006-01/2010	Psychologist	SPARK Center, Boston University Medical School
09/2004-08/2005	Pre-Doctoral Intern	Center for Multicultural Training in Psychology, Boston University School of Medicine

### Professional Societies



2021-present	Ayiti Community Trust	Executive Board Member
2010-2016	Haitian Mental Health Network	Member, Steering Committee
2009-2011	Massachusetts Psychological Association	Member, Committee of Ethnic Minority Affairs
2007-2010	American Psychological Association	Member
2008-2011	Haitian Multiservice Center	Advisory Board Member

## **Report of Funded and Unfunded Projects**

### **Funding Information**

#### **Past**


2011-2012      Train the Trainer Workshop for Break Free from Depression Curriculum  
DPH/Adcare Educational Services 132-176  
PI (\$18,999)  
Provide training and consultation to high school adjustment counselors, guidance counselors, clinicians, and teachers on how to implement and teach a depression awareness program at their respective schools


2012-2013      Train the Trainer Workshop for Break Free from Depression Curriculum  
DPH/AdCare Educational Services 126-223  
PI (\$19,565)  
Provide training and consultation to high school adjustment counselors, guidance counselors, clinicians, and teachers on how to implement and teach a depression awareness program at their respective schools

## **Report of Local Teaching and Training**

### **Teaching of Students in Courses**

2023-present	Counseling Families	Boston College, Counseling Psychology
	1 <sup>st</sup> year Master students	2.5 hours per week for 14 weeks
	in school counseling	

2022-present      Issues in Short-Term Counseling      Boston College, Counseling  
Psychology  
1<sup>st</sup> year & 2<sup>nd</sup> year Master students  
in Counseling Psychology      2.5 hours per week for 14 weeks

Summer

2020      Ecology of Child Behavioral Health:  
Prevention, Intervention,  
and Public Policy Summer      William James College,  
6 hours per week for 6 weeks  
Doctoral Students

2019-present      Psychopathology      Boston College, Counseling Psychology  
1<sup>st</sup> year Master students      Department  
in Counseling Psychology      2.5 hours per week for 14 weeks

2019-2020      Mental Health Disparities      William James College  
Doctoral Students      2 hours per week for 14 weeks

2019-2021      Assessment and Treatment      William James College  
of Individuals of African and      6 hours per week for 5 weeks  
Caribbean Heritage

Doctoral Students

2019-2021	Counseling and Personality Theories II 1 <sup>st</sup> year Master Students in Counseling Psychology	Boston College, Counseling Psychology Department 2.5 hours per week for 14 weeks
Spring 2019	Introduction to Counseling 1 <sup>st</sup> year Master Students in Counseling Psychology	Lesley University, Counseling Psychology Department 2 hours per week for 6 weeks
Fall 2018- Spring 2019	Internship & Seminar I Undergraduate Seniors in Psychology	Lesley University Faculty of Arts & Science Department 2.25 hours per week for 14 weeks

2014-2017	Counseling and Personality Theories I 1 <sup>st</sup> year Master Students in Counseling Psychology	Boston College Counseling Department 2.5 hours per week for 14 weeks
2015-present	Introduction to Play Therapy 1 <sup>st</sup> year Master Students in Counseling Psychology	Boston College Counseling Department 6 hours per week for 6 weeks
Fall 2013	Child Psychopathology 2 <sup>nd</sup> year Master Students in School Counseling	Boston College Counseling Psychology Department 2.5 hours per week for 14 weeks

Summer 2013	Assessment Children and Youth Master students in Counseling Psychology	Lesley University Counseling Psychology Department 8 hours per week for 3 weeks
Spring 2013	Intersection of Race, Culture, Poverty, and Mental Health 3 <sup>rd</sup> year Doctoral Students in Clinical Psychology	William James College 2 hours every other week for 7 weeks
2012-2021	Child and Adolescent Psychopathology 1 <sup>st</sup> year Master Students in Counseling Psychology	Lesley University Counseling Psychology Department 2.5 hours per week for 14 weeks
2006-2013	Issues in Lifespan Development 1 <sup>st</sup> year Master Students in Counseling Psychology	Boston College Counseling Psychology Department 2.5 hours per week for 14 weeks

**Dissertation Advising**

2020	Doctoral Project Colloquium Discussant for Beverly Ibeh Doctoral Project Title: “School Based Counseling Program for Racially and Ethnically Diverse Youth with Trauma and Associated Risk Factors”	William James College
2017	Dissertation committee member for Crystal Greene Dissertation Title: “Exploring Cultural Belief Systems and Coping Behavior in Haiti after the 2010 Earthquake- A Phenomenological Study”	Chicago School of Professional Psychology
2016	Doctoral Project committee member for Jessica Pierre Doctoral Project Title: “Transgenerational Transmission of Trauma in Haitian Families”	William James College
2016	Doctoral Project Colloquium Discussant for Samantha Zaid Doctoral Project Title: “Clinicians’ Moral Orientation and Likelihood to Report Suspected Child Maltreatment: An Exploratory Study”	William James College
2013	Doctoral Project Colloquium Discussant for Alexis Schmiedigen Doctoral Project Title: “The Experience of Brazilian Women Entering Motherhood in the United States”	William James College

### Supervision

Spring 2013 Clinical supervision of Center for Multicultural Training in Psychology pre-doctoral interns doing internship at SPARK Center in Boston, MA Boston University

### Consultation

Fall 2023-Spring 2024 Consultant for The Loop Lab The Loop Lab  
2024-present Cultural Expert Consultant for Public Defender Lawyers Committee of Public Counsel Services

## **Report of Regional, National and International Invited Teaching and Presentations**

### Invited Presentations and Courses

#### **Regional**



2024 Use of CBT to Support Students with Trauma History  
Professional Development Workshop, Friends of The Children Boston

2023 Understanding and Managing Middle School Students Behaviors at School  
Professional Development Workshop, William H. Gavin Middle School, Canton, MA

2023 Black History Month: Stronger Together-Celebrating Black Culture Webinar (Panelist)  
Medavie Health Services, Quebec & Ontario, Canada

2022 Mental Health First Aid Tool Kit  
Professional Development Workshop, BC High School, Boston, MA

2022 Liberatory Education and the Whole Child: Healing Racial Trauma and Promoting  
Wellness, Educational, Equity, and Healthy Identity Development  
3<sup>rd</sup> Annual DYS Education and Racial Trauma Conference, Boston, MA



- 2021 Healing Principles to Best Navigate Racial Trauma  
Black History Month Presentation for Black Professionals at Bell Network, Bell Canada  
Quebec & Ontario, Canada
- 2021 Anti-Racist Approaches in Clinical Work with Students  
Professional Development Workshop, Watertown High School, Watertown, MA
- 2020 Racial Trauma  
MCLE: 21<sup>st</sup> Annual Juvenile Delinquency & Child Welfare Law Conference 2020, Boston,  
MA
- 2020 Self-Care Strategies for Navigating the Pandemic  
Professional Development Workshop Campus Child Care, Boston, MA
- 2020 Engaging in Active Listening and Uncomfortable Conversations  
Anti-Racism Faculty Development Series, UMASS Amherst Neuroscience & Behavior  
Department, Amherst, MA
- 2020 Trauma and its Impact on Students  
Professional Development Workshop, Boston Latin School, Boston, MA
- 2020 Turning the mirror: Identifying, recognizing and dismantling racism at Boston Arts  
Academy  
Panelist on panel discussion, Boston Arts Academy, Boston, MA
- 2020 Helping young children cope with Covid-19  
Instagram live talk with Dr. Maryam Jernigan
- 2020 How to help your child cope through Covid-19  
Boston Latin School Parent Workshop, Boston, MA
- 2019 Supporting your Success through Wellness  
Beaver Works Summer Institute Middle School Orientation  
MIT, Boston, MA
- 2018 Adolescent Mental Health Disorders and Coping Skills  
Beautiful Me Girls Conference, Boston, MA
- 2018 Gun Violence in Schools: Sharing Critical Insights and Resources  
Panelist on panel discussion, Boston College, Chesnut Hill, MA
- 2018 Communication 101: Getting your Adolescent to Open up  
Boston Latin School Parent Workshop, Boston, MA
- 2017 Childhood Trauma & The Classroom  
Dover Sherborn School District Professional Development Day, Sherborn, MA

- 2017 Teens in Residence: Strategies for Supporting the Socio-Emotional Health of Adolescent Summer Scholars  
Beaver Works Summer Institute Counselor orientation  
MIT, Cambridge, MA
- 2016 The Many Shapes and Forms of Student Support in High School  
Making Caring Common Conference, Harvard School of Education, Cambridge, MA
- 2015 *Lekol ak Lakay*: How U.S. Schools and Haitian Families Can Work Together to Transform the Educational Lives and Social-Emotional Health of Haitian Students  
4<sup>th</sup> Annual Conference on Haitian Mental Health, Massachusetts School of Professional Psychology, Newton, MA
- 2013 Haiti and Trauma/Guest Lecture for a Course Entitled *Violence and Trauma*  
Boston University, Boston, MA
- 2013 Haitian Immigrant Children and Adolescents/Guest Lecture for a Course Entitled *Immigrant Health*  
Boston University, Boston, MA
- 2013 Haitian Immigrants in the US: How Cultural Belief Systems, Values, and Practices Influence Help-Seeking Behavior  
Diversity Challenge Conference, Boston College, Chesnut Hill, MA
- 2013 Break Free from Depression Curriculum/Train the Trainer Workshop  
Waltham, MA
- 2013 Responding to the Boston Marathon Tragedy: A conversation on Community Healing  
Massachusetts School of Professional Psychology, Newton, MA
- 2013 Break Free from Depression Curriculum/Train the Trainer Workshop  
Springfield, MA
- 2013 Break Free from Depression Curriculum/ Train the Trainer Workshop  
Sponsored by Department of Public Health, Worcester, MA
- 2013 Break Free from Depression Curriculum/ Train the Trainer Workshop  
Sponsored by Department of Public Health, Boston, MA
- 2013 Poverty and Mental Health in Haitian and Haitian American Youth/Presentation  
12<sup>th</sup> Annual Haitian Health Conference, Boston University, Boston, MA

- 2013 Ethnic, Cultural, and Linguistic Considerations in the Community/Professional Development Workshop  
Priority Professional Care, Inc., Boston, MA
- 2012 Break Free from Depression Curriculum/Train the Trainer Workshop  
Sponsored by Department of Public Health, Massachusetts School of Professional Psychology, Newton, MA
- 2012 Break Free from Depression Curriculum/Train the Trainer Workshop  
Sponsored by Department of Public Health, Hingham, MA
- 2012 Adolescent Depression/Professional Development Workshop  
Medfield High School, Medfield, MA
- 2012 Behavioral Management of Children and Adolescents Diagnosed with Autism Spectrum Disorders/ Professional Development Workshop  
Priority Professional Care, Inc., Mattapan, MA
- 2012 Social Skills /Professional Development Workshop  
Priority Professional Care, Inc., Mattapan, MA
- 2012 Maintaining Proper Boundaries with Clients/Professional Development Workshop  
Priority Professional Care, Inc., Mattapan, MA
- 2012 Stress Management and Self-Care/ Professional Development Workshop for Teachers  
Boston Arts Academy, Boston, MA
- 2012 Health Issues in The Haitian Community/Guest Lecture for Course Entitled *Immigrant Health*  
Boston University, Boston, MA
- 2011 Haitian Mental Health and Community Interventions/Presentation  
Lesley University Trauma Conference, Lesley University, Cambridge, MA
- 2011 Child And Adolescent Depression: What Do We Know, What Does It Look Like, And What Can We Do?/Professional Development Workshop for Teachers  
Boston Latin School, Boston, MA
- 2011 Stress Management and Self-Care/Parent Workshop  
St-Patrick School, Roxbury, MA
- 2011 Child And Adolescent Depression: What Do We Know, What Does It Look Like, And What Can We Do?/ Professional Development Workshop For School Nurses

Waltham, MA

- 2010 School Performance Vs. Racial And Ethnic Identity Issues In Youth/ Professional Development Workshop For Staff  
English High School, Jamaica Plain, MA
- 2010 Adult Depression: What Do We Know, What Does It Look Like, And What Can We Do?/  
Grand Rounds Presentation for Physicians  
Shattuck Hospital, Jamaica Plain, MA
- 2010 Child and Adolescent Depression: What Do We Know, What Does It Look Like, And  
What Can We Do? Professional Development Workshop For School Nurses  
Cape Cod, MA
- 2010 School Performance Vs. Racial and Ethnic Identity Issues In Youth/  
Professional Development Workshop Presentation for Student Support Coordinators  
Brookside Community Health Center, Roxbury, MA
- 2009 Adolescent Depression: What Do We Know, What Does It Look Like, and What Can We  
Do?/ Professional Development Workshop Presentation For Teachers  
English High School, Jamaica Plain, MA
- 2009 Haitian Mental Health/Presentation  
Committee of Ethnic Minority Affairs of Massachusetts Psychological Association  
Conference, Massachusetts School of Professional Psychology  
West Roxbury, MA
- 2008 Understanding and Dealing with Children with Anger Management Issues/  
Professional Development Workshop for Teachers  
St-Patrick School, Roxbury, MA
- 2007 Assessing and Working with Clients Of African Descent/ Guest Lecturer For An  
Undergraduate Psychology Course  
Boston University School of Medicine, Boston, MA
- 2006 Challenges and Benefits of Engaging Parents/ Professional Development Workshop For  
Teachers  
St-Patrick School, Roxbury, MA
- 2006 Navigating Different Worlds: Racial and Ethnic Identity Of American Born Young Adult  
Women With Haitian Immigrant Parents/Presentation  
Mass Bay Community College Presidential Inauguration Week  
Framingham, MA
- 2005 Feeling the Blues: Depression Among Haitians/Workshop  
2<sup>nd</sup> National Haitian American Health Alliance Conference, Randolph, MA

## National

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| 2018 | Fostering Positive Mental Health Outcomes for Immigrant Youth in Schools and in the Community<br>American Psychological Association Convention CE Workshop, San Francisco, CA  |
| 2012 | Break Free from Depression Curriculum/Presentation<br>17 <sup>th</sup> Annual School Mental Health Conference, Salt Lake City, Utah  |
| 2007 | Between Worlds: Immigrant Women of Color in The United States/Presentation<br>American Psychological Association Convention, San Francisco, CA   |
| 2001 | Facilitating Multicultural Training of Counseling Psychology Graduate Students: Experiential Learning in A Diverse Setting/Presentation<br>19 <sup>th</sup> Annual Teachers College Winter Roundtable on Cross Cultural Psychology and Education, New York, NY |

## International

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| 2009 | Navigating Different Worlds: Racial and Ethnic Identity Issues of American Born Young Adult Women with Haitian Immigrant Parents/Workshop<br>Caribbean Studies Association Conference, Kingston, Jamaica |
| 2007 | Racial and Ethnic Identity Issues of Haitian American Young Adult Women/Workshop<br>Caribbean Studies Association Conference, Salvador Da Bahia, Brazil  |
| 2004 | Does Family Heal? Social Support Networks of Haitians/Workshop<br>Haitian Studies Association Conference, San Juan, Puerto Rico  |

## **Report of Clinical Activities and Innovations**

### **Current Licensure and Certification**

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2007-present Massachusetts Psychologist Provider License

### **Practice Activities**

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2015-present	Clinical Coordinator /School based clinical work (individual therapy, crisis intervention, consultation, case management, coordinating a transition program for students who have accrued long absences, coordinating a program geared toward students whose emotional impairment is severely impacting their academic functioning, clinical assessment; overseeing mental health programming and managing team of school-based clinicians)	Boston Latin School	5 days/week
2011-2015	School based clinical work with diverse high school students (clinical assessment, short term therapy, classroom prevention, consultation, crisis intervention, case management)	Boston Latin School	2 days/week

2009-	Individual and family therapy with children, adolescents, and young adults	Vanessa Prosper, PhD (Private practice)	6 -8 sessions/week
2008-2 009	Individual and family therapy with children, adolescents, and young adults	Multicultural Counseling Services (Group Practice)	6 sessions/week
2006-2 010	Individual and family therapy with children and adolescents	SPARK Center	2 sessions/week
2005-2 011	School based clinical work with middle school students (group therapy, individual therapy, classroom prevention, consultation, crisis intervention, case management)	St. Patrick School	2 days/week
2005-2 007	School based clinical work (group therapy, individual therapy, classroom prevention, consultation, crisis intervention, case management)	Patrick Lyndon School	2 days/week
2004-2 005	Psychological testing, individual therapy, group therapy, and clinical assessment of inpatient adults	Shattuck Hospital, Inpatient Unit	2 days/week
2004-2 005	Individual therapy, group therapy, case management, and crisis intervention of children and adolescents	SPARK Center	2 days/week
2002-2 004	Individual therapy and family therapy with children, adolescents, and young adults	Cambridge Health Alliance Haitian Mental Health Clinic	2 days/week
2001-2 004	Group therapy focused on social skills and social pragmatics, case management,	McLean Hospital: Camp New Connections	5 days/week for 6 weeks

and behavioral management of children and adolescents diagnosed with autism spectrum disorder

2001-2002	Individual therapy, career counseling, and crisis intervention of college students	Boston University Counseling Center	2 days/week
1999-2000	Individual therapy, psychological testing, and case management of children and adolescents	Institute for Child and Adolescent Development	2 days/week

### Clinical Innovations

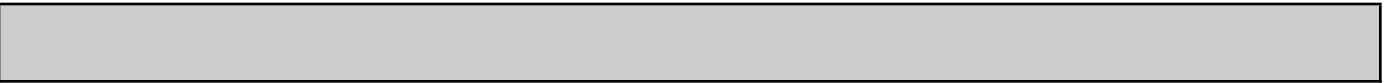
Co-creation and development of Break Free from Depression documentary and accompanying manual at Boston Children's Hospital

Thus far, this adolescent depression awareness curriculum has been implemented in over 100 schools in the Boston and greater Boston community with over 10,000 students who have participated in the program. This curriculum has proven to be effective (pre- and post-tests were filled out by students) in its ability to increase students' knowledge about depression and suicide, increase students' confidence in their ability to readily identify signs and symptoms of depression in themselves or in their peers, increase students' skills in terms of knowing what to do if they need help for themselves or if they need to help a friend, and achieve high program satisfaction.



## Report of Education of Patients and Service to the Community

### Activities



2024	WeCare365 AFC Mental Health and Well-Being Event Panelist educating on Clinical Depression to Cape Verdean community
2024	Boston Latin School Parent Workshop: Student Mental Health
2023	Boston Latin School Tier 1 Prevention Curriculum to 7 <sup>th</sup> graders: Self-Awareness Lesson
2023	Boston Latin School Professional Development for Teachers: Understanding Student Mental Health Challenges in the Classroom
2020	Boston Latin School Parent Workshop: How to support your adolescent emotionally and academically in this pandemic
2015	Boston Latin School Teacher workshop on Adolescent Depression
2013	Brookline High School Parent Workshop on Adolescent Depression
2013	Health Careers Academy Break Free from Depression Curriculum, 10 <sup>th</sup> Graders
2012	Match High School Parent Workshop on Adolescent Depression
2012	Wellesley St-Paul's Church Parent Workshop on Adolescent Depression
2012-2013	Match High School Break Free From Depression Curriculum, 10 <sup>th</sup> & 11 <sup>th</sup> Graders
2012	English High School Break Free From Depression Curriculum, 10 <sup>th</sup> & 11 <sup>th</sup> Graders

- 2012 Boston Arts Academy  
Break Free From Depression Curriculum, 10<sup>th</sup> Graders
- 2011 Boston Arts Academy  
Parent Workshop on Adolescent Depression
- 2011 Uphams Corner Community Health Center  
Provided Psychological First Aid Workshop to Recent Haitian Immigrants Who Survived The 2010 Haiti Earthquake
- 2010 St-Angela's Church, Mattapan  
Provided Psychological First Aid Workshop to Recent Haitian Immigrants Who Survived The 2010 Haiti Earthquake
- 2010 Haitian Mental Health Network, Port-Au-Prince, Haiti  
Provided Psychological First Aid Workshops to Young Adults And Professionals Earthquake Survivors In Port-Au-Prince, Haiti
- 2008 O'Bryant High School  
Provided Psychoeducation About Adolescent Depression and Anxiety, 9<sup>th</sup> Grade Science Class

## **Report of Scholarship**

### **Publications**

### **Peer reviewed publications in print or other media**

1. Nicolas, G., Desilva, A.M., Subrebst, K.L., Breland-Noble, A., Gonzalez-Eastep, D., Manning, N., Prosper, V., & Prater, K. (2007). Expression and treatment of depression among Haitian immigrant women in the United States: clinical observations. *American Journal of Psychotherapy*, 61 (1), 83-98.
2. Kaye, A., Prosper, V., Moffa, K., Pejic, V., Capraro, K., Sideridis, G.D., Ross, A., Denney, K.M., & DeMaso, D.R. (2023). Break Free from Depression: Implementation and Outcomes of a School-Based Depression Awareness Program. *International Journal of Mental Health Promotion*, 25 (10), 1103-1115.

### **Non-peer reviewed scientific or medical publications/materials in print or other media**

1. Reilly, N., Prosper, V., & Feigenberg, L. (2011). *Break free from depression: a 4-Module depression prevention curriculum for students in grades 9-12*. Boston Children's Hospital.

### **Professional educational materials or reports, in print or other media**

1. Reilly, N., Prosper, V., & Miremadi, D. (2008). *The key: a guide to addressing adolescent depression & suicide (college version)*. Boston Children's Hospital

## Thesis

Prosper, V. (2006). *Navigating different worlds: ethnic and racial identity of American born young adult women with Haitian immigrant parents*. Boston College, Chesnut Hill, MA.

## Media Appearances

- **Expert Guest**, *CityLine*, WCVB/ABC, September 2024  
*Commented and provided mental health insights on the targeting of Haitian migrants in Ohio and how it has impacted the mental health of the wider Haitian community*

## Narrative Report

Throughout my years as a doctoral student, a pre-doctoral intern, a post-doctoral fellow, and a psychologist, I have been able to greatly sharpen my clinical, teaching, and research skills. Consequently, I have been able to blossom into a versatile psychologist capable of not only providing culturally competent and sensitive care to a diversity of children, adolescents, young adults, and families, but also capable of shaping and molding graduate students in the field into culturally competent, insightful, and clinically savvy mental health clinicians through a plethora of accumulated teaching and mentoring experience as an adjunct faculty at Boston College, Lesley College, and William James College over the years.

Moreover, I have been able to partake in different research projects focusing on Haitian mental health throughout the years and contributed to one peer reviewed journal article regarding depression in Haitian women. It is also important to note that for the past 15 years, through my work for the Childrens Hospital Neighborhood Partnership Program and my work at Boston Latin School, I have been able to specialize in school based clinical work where I am constantly challenged, as I have to simultaneously juggle different clinical responsibilities such as consulting with teachers, administrators, and guidance counselors regarding students, conducting clinical assessments of students that are of concern, conducting short term therapy of students who are struggling emotionally, working collaboratively with students' family and outside providers for the management of their clinical care, and providing some crisis intervention when needed. Needless to say, that I have become very skilled at consulting and navigating the different systems impacting children and adolescents in order to coordinate their best clinical care.

I have also been able to demonstrate innovation and creativity by greatly participating in the creation, development, implementation, and evaluation of a school based depression awareness curriculum (Break Free from Depression) centered around a documentary featuring real adolescents discussing their struggle and coping strategies with depression, which I have also helped develop. It has been immensely rewarding to have been able to not only co-create and develop this curriculum but to have also been able to implement and teach this curriculum, which has allowed me to witness how it has impacted students and teachers in different schools through raising their awareness and knowledge about depression and through diminishing their stigmatized way of perceiving mental illness. It is also quite fulfilling to have been able to participate in the evaluation of this curriculum, which thus far indicates that students, staff, and parents have been able to enhance their awareness, knowledge, and confidence in their ability to identify signs and symptoms of adolescent depression.

As I reflect on my professional development journey as a psychologist, I have come to realize that I have always been committed and devoted to raising awareness and knowledge in the community, which is also reflected in my past involvement with the Haitian Mental Health Network through which I work with a team of Haitian mental health clinicians in the Boston community to raise awareness and knowledge about Haitian mental health in the Haitian and non-Haitian communities in order to enhance culturally competent clinical care of Haitian immigrants living in Boston. I firmly believe that the vast range of experiences that I have accrued over the years in the field of research, teaching, and clinical practice have further rendered me an insightful, culturally competent, and clinically knowledgeable teacher, researcher, and clinician.