

Alex L. Pieterse, Ph.D.
March, 2024

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EDUCATION

University of the State of New York, New York State Education Department - Licensed
Psychologist – #018552

Ph.D. Counseling Psychology (APA accredited), Teachers College, Columbia University,
New York, 2005

Pre-Doctoral Internship (APA accredited), University of Maryland Counseling Center,
2004-2005

M.A. Counseling Psychology, New York University, New York, 1997

B.HSc. (Nursing), Australian Catholic University, Sydney, Australia 1991

Dip.ASc. (Nursing), Avondale College, NSW, Australia 1987

ACADEMIC APPOINTMENTS

Associate Professor
Director – Institute for the Study of Race and Culture

Boston College, MA
2022 –

Associate Professor and Doctoral Training Director:

University at Albany - SUNY
2015 – 2021

Associate Professor, Counseling Psychology:

University at Albany - SUNY
2014 - 2021

Senior Lecturer, Counseling Psychology:

Monash University, Melbourne,
Australia
2012 - 2013

Assistant Professor, Counseling Psychology:	University at Albany - SUNY 2008-2012
Assistant Professor of Education:	George Mason University 2005-2008

PROFESSIONAL WORK EXPERIENCE

Independent Psychotherapy Practice Licensed Psychologist, Albany	2010 - ongoing
University of Maryland Counseling Center <u>Position:</u> Staff Counselor, part-time	2005 - 2007
Memorial Sloan Kettering Cancer Center, NYC <u>Position:</u> Clinical Nurse III – Hematology and Bone Marrow Transplant	1993-2004
LaGuardia Community College, CUNY <u>Position:</u> Adjunct Instructor	1998 – 2000
Westmead Hospital, Sydney, Australia <u>Position:</u> Clinical Nurse Specialist	1990 – 1993
Sydney Adventist Hospital, Sydney Australia <u>Position:</u> Registered Nurse	1987-1989

REFEREED PUBLICATIONS

- Motley, R. O., Williams, E., **Pieterse, A. L.**, & Harris, M. (in press) Profiles of Black Emerging Adults Exposure to Racism-Based Police Violence and Associated Mental Health Outcomes: A Cluster Analysis Approach. *Emerging Adulthood*
- Pieterse, A. L.**, & Kim, B. S. K. (In Press). Introduction to the Special Issue: Dismantling Anti-Black Racism and Counseling Psychology. *The Counseling Psychologist*
- Pieterse, A. L.**, Paiko, L., Roberson, K. L., & Kirkinis, K. (In Press). Exploring the experiences of Students of Color in Counseling Psychology doctoral training in the United States: A Qualitative Investigation. *European Journal of Counselling Psychology*
- Pieterse, A. L.**, Johnson, V., & Carter, R. T. (2024). The relationship between posttraumatic stress disorder and race-based traumatic stress. *Psychological Trauma: Theory, Research, Practice, and Policy*, 16(2), 208–216. <https://doi.org/10.1037/tra0001528>

- Pieterse, A. L.**, Austin, C. L., Nicolas, A. I., Martin, C., Agiliga, A., & Kirkinis, K. (2023). Essential elements for working with racial trauma: A guide for health service psychologists. *Professional Psychology: Research and Practice*, *54*(3), 213–220. <https://doi.org/10.1037/pro0000512>
- Pieterse, A. L.** & Gale, M. M (2023) There are no sidelines: a reaction to Legha’s “getting off the racist sidelines: an antiracist approach to mental health supervision and training”, *The Clinical Supervisor*, DOI: 10.1080/07325223.2023.2251971
- Pieterse, A. L.**, Lewis, J. A., & Miller, M. J. (2023). Dismantling and eradicating anti-Blackness and systemic racism. *Journal of Counseling Psychology*, *70*(3), 235–243. <https://doi.org/10.1037/cou0000660>
- Tung, I., Daniel, K. E., Lumley, M. A., Arora, P. G., Cavell, T. A., **Pieterse, A. L.**, Edstrom, L., McWhorter, L. G., Bridges, A. J., Rollock, D., Miville, M. L., Angyal, B., & Fernandes, M. A. (2023). Making the leap to socially responsive research training in health service psychology. *Training and Education in Professional Psychology*, *17*(1), 31–42. <https://doi.org/10.1037/tep0000427>
- Lin, B., Flagg, A. M., Yeo, A. J., & **Pieterse, A. L.** (2022). The psychophysiological salience of past experiences of discrimination. *Cultural Diversity and Ethnic Minority Psychology*. Advance online publication. <https://doi.org/10.1037/cdp0000571>
- Pieterse, A. L.**, Kirkinis, K., Paiko, L., & Miller, M. (2022). The Anti-Racism Behavioral Inventory: A Validation Study. *Journal for Social Action in Counseling & Psychology*, *14*(2), 48-63. <https://doi.org/10.33043/JSACP.14.2.48-63>
- Pieterse, A. L.**, Roberson, K. L., Garcia, R., & Carter, R. T. (2022). Racial discrimination and trauma symptoms: Further support for the Race-Based Traumatic Stress Symptom Scale. *Cultural Diversity and Ethnic Minority Psychology*. Advance online publication. <https://doi.org/10.1037/cdp0000544>
- Stevenson, L., & **Pieterse, A.** (2022). Considering the Phenomenon of Violence in Black and Brown Communities: An Interview with Lawrence Stevenson and Dr. Alex Pieterse. *New England Journal of Relational and Systemic Practice*, *2*(3), 103-108.
- Kangos, K. A., & **Pieterse, A. L.** (2021). Examining how lesbian, gay, and bisexual Christian clients’ perceptions of therapists’ cultural humility contribute to psychotherapy outcomes. *Psychotherapy*, *58*(2), 254–262. <https://doi.org/10.1037/pst0000375>
- Roberson, K. L., & **Pieterse, A. L.** (2021). Internalized racism and self-esteem: Do depressive symptoms matter? *Cultural Diversity and Ethnic Minority Psychology*, *27*(3), 531–536. <https://doi.org/10.1037/cdp0000453>

- Kirkinis, K., **Pieterse, A. L.**, Martin, C., Agiliga, A., & Brownell, A. (2021). Racism, racial discrimination, and trauma: A systematic review of the social science literature. *Ethnicity & Health, 26*(3), 392-412.
<https://doi.org/10.1080/13557858.2018.1514453>
- Scharff, A., Breiner, C. E., Ueno, L. F., Underwood, S. B., Merritt, E. C., Welch, L. M., ... & **Pieterse, A. L.** (2020). Shifting a training clinic to teletherapy during the COVID-19 pandemic: a trainee perspective. *Counselling Psychology Quarterly, 1-11*.
- Gale, M., **Pieterse, A. L.**, Lee, D., M., Huynh, K., Powell, S., & Kirkinis, K. (2020). A Meta-Analysis of the Relationship between Internalized Racial Oppression and Health-Related Outcomes. *The Counseling Psychologist, 48* (4), 498-525.
doi.org/10.1177/0011000020904454
- Lantz, M. M., **Pieterse, A. L.**, & Taylor, T. O. (2020). A social dominance theory perspective on multicultural competence. *Counselling Psychology Quarterly, 33*(2), 142-162.
- Pieterse, A. L.** (2018). Attending to racial trauma in clinical supervision: Enhancing client and supervisee outcomes, *The Clinical Supervisor, 37*, 204-220, DOI: 10.1080/07325223.2018.1443304
- Carter, R. T., Muchow, C., & **Pieterse, A. L.** (2018). Construct, predictive validity, and measurement equivalence of the Race-Based Traumatic Stress Symptom Scale for Black Americans. *Traumatology, 24*(1), 8-16.
<http://dx.doi.org/10.1037/trm0000128>
- Pieterse, A. L.**, Nicolas, A. I., & Monachino, C (2017). Examining the Factor Structure of the Perceived Ethnic Discrimination Questionnaire in an Australian University Student Sample. *International Journal of Culture and Mental Health, 10*, 97-107.
- Pieterse, A. L.** Lee, M., & Fetzner, A. (2016). Racial group membership and multicultural training: examining the experiences of counseling and counseling psychology students. *International Journal for the Advancement of Counselling, 38*, 26-47. doi :10.1007/s10447-015-9254-3
- Fang, K., Friedlander, M., & **Pieterse, A. L.** (2016). Contributions of acculturation, enculturation, discrimination, and personality traits to social anxiety among Chinese immigrants: a context-specific assessment, *Cultural Diversity and Ethnic Minority Psychology, 22*, 58-68. <http://dx.doi.org/10.1037/cdp0000030>
- Pieterse, A. L.**, Utsey, S. O., & Miller, M. J. (2016). Development and initial validation of the anti-racism behavioral inventory (ARBI). *Counselling Psychology Quarterly, 29*(4), 356-381. doi.org/10.1080/09515070.2015.1101534

- Paradies Y., Ben J., Denson N., Elias A., Priest N., **Pieterse A.**, et al. (2015) Racism as a determinant of health: a systematic review and meta-analysis. *PLoS ONE* 10(9): e0138511. doi:10.1371/journal.pone.0138511
- Paradies, Y., Priest, N., Ben, J., Truong, M., Gupta, A., **Pieterse, A.**, ... & Gee, G. (2013). Racism as a determinant of health: a protocol for conducting a systematic review and meta-analysis. *Systematic reviews*, 2(1), 85.
- Pieterse, A. L.**, Lee, M., Collins, N. M., & Ritmeester, A. (2013). Towards an integrated model of self-awareness development for counseling and psychotherapy training. *Counselling Psychology Quarterly*, 26, 190-207. doi: 10.1080/09515070.2013.793451
- Pieterse, A. L.**, Carter, R. T., & K. A. Ray. (2013) The relationship between perceived racism, stress, and psychological functioning among Black women *Journal of Multicultural Counseling and Development*, 41, 36-46. doi: 10.1002/j.2161-1912.2013.00025.x
- Pieterse, A. L.**, Todd, N. R., Neville, H. A., & Carter, R. T. (2012). Perceived racism and mental health among Black American adults: a meta-analytic review. *Journal of Counseling Psychology*, 59, 1-9. doi: 10.1037/a0026208
- Fang, K., **Pieterse, A. L.**, Friedlander, M. L., & Cao, J. (2011) Assessing the Psychometric Properties of a Chinese Version of the Attitudes Toward Seeking Professional Psychological Help Scale – Short Form. *International Journal of the Advancement of Counselling*, 33, 309-321. doi: 10.1007/s10447-011-9137-1
- Pieterse, A. L.** Fang, K., & Evans, S. A. (2011). Examining the internationalization of counseling psychology scholarship: A content analysis. *International Journal for the Advancement of Counselling*, 33, 280-292. doi: 10.1007/s10447-011-9134-4
- Williams III, O., **Pieterse, A. L.**, DeLoach, C., Bolden, M. A., Ball, J., & Awadalla, S. (2010). Beyond health disparities: examining power disparities and industrial complexes from the views of Franz Fanon. *Journal of Pan African Studies*, 3 (8), 151-178.
- Pieterse, A. L.**, Carter, R. T., Evans, S. A., & Walter, R (2010). An Exploratory Examination of the Associations Among Racial and Ethnic Discrimination, Racial Climate, and Trauma-Related Symptoms in a College Student Population *Journal of Counseling Psychology*, 57, 255-263.
- Pieterse, A. L.**, & Carter, R. T. (2010). The role of racial identity in perceived racism and psychological stress among Black American adults: Exploring traditional and alternative approaches. *Journal of Applied Social Psychology*, 40, 1028-1053.

- Pieterse, A. L., & Carter, R. T.** (2010). An exploratory investigation of the relationship between racism, racial identity, perceptions of health, and health locus of control among American women of African descent. *Journal of Health Care for the Poor and Underserved, 21*, 334-348.
- Pieterse, A. L.** (2009). Teaching anti-racism in counselor training: Reflections on a course. *Journal of Multicultural Counseling and Development, 37*, 141-152.
- Pieterse, A. L., Evans, S A., Collins, N. M., A., Risner-Butner, & Mason, L. B.** (2009). Multicultural and social justice training in counseling psychology and counselor education: A review and analysis of a sample of course syllabi. *The Counseling Psychologist, 37*, 93-115.
- Carter, R.T., **Pieterse, A. L., & Smith, S** (2008). An exploratory analysis of racial identity profile statuses and expressions of anger in Black Americans. *Journal of Multicultural Counseling and Development, 36*, 101-112.
- Pieterse, A. L. & Collins, N. M.** (2007). A socialization based values approach to inter-cultural communication. *College Student Affairs Journal, 26*, 141-150.
- Pieterse, A. L., & Carter, R. T.** (2007). An examination of the relationship between general life stress, racism-related stress and psychological health among Black men. *Journal of Counseling Psychology, 54*, 102-109.
- Collins N, M. & **Pieterse, A. L.** (2007). Critical incident analysis-based learning: An approach to training for active racial and cultural awareness. *Journal of Counseling and Development, 85*, 14-23. (Shared 1st Authorship)
- Baluch, S., **Pieterse, A. L., & Bolden, M.** (2004) Counseling psychology and social justice: Houston... we have a problem. *The Counseling Psychologist, 32*, 89-98.
- Yeh, C., Carter, R. T., & **Pieterse, A. L.** (2004) Cultural values and racial identity attitudes among Asian American students: an exploratory investigation. *Counseling and Values, 48*, 82-95.

BOOKS

- Carter, R. T., & **Pieterse, A. L.** (2020). *Measuring the effects of racism: Guidelines for the assessment and treatment of race-based traumatic stress*. New York, NY: Columbia University Press: New York

BOOKS UNDER CONTRACT

- Pieterse, A.L., Carter, R. T., & Forsyth, J.** *Black American's Strengths-Based Cultural Practices: Tools for Clients to Promote Psychological Well-Being*. London, UK: Routledge (Due June 2024).

BOOK CHAPTERS

- Atari-Khan, R., & **Pieterse, A. L.** (*Forthcoming*) Integrating Structural Competencies to Redistribute Capital in the Supervisory Relationship. In H. Peters and M. Luke (Eds). *“Interventions for Anti-Oppressive Clinical Supervision: Navigating Critical Praxis,”* Routledge: New York
- Forsyth, J., **Pieterse, A. L.**, & Carter, R. T. (*Forthcoming*). Assessment of race-based traumatic stress: Applications to forensic psychology. In L. A. Suzuki, (Ed). *Handbook of Multicultural Assessment – 4th Edition*. Wiley & Sons
- Golden, A. G., Holdsworth, E., Albany Minority Health Task Force, Schell, L., Krishnan, A., Yamamoto, M., **Pieterse, A.**, Mata, O. S., Myo, H. W. L., Khurana, P., Williams, A. (2023). Impacts of COVID-19 in New York’s Capital Region: A view from the local community on the socioemotional experience of the pandemic. In Rodriguez, H., Holtgrave, D., Bennet-Gayle, D. Warner, L., & Pardo., T. (Eds.), *Addressing differential impacts of Covid-19 in NYS*. SUNY Press. <https://soar.suny.edu/handle/20.500.12648/9953>
- Pieterse, A. L.**, & Powell, S. (2016). A theoretical overview of the impact of racism on people of color. In A. N. Alvarez, C.T.H. Liang & H.A. Neville, (Eds.), *The Cost of Racism for People of Color* (pp. 11-30). Washington, D.C.: American Psychological Association.
- Pieterse, A. L.** (2016). Racialized Perspectives on the Prison Industrial Complex In. E. L. Short., & L. Wilton (Eds.). *Talking about Structural Inequalities in Everyday Life: New Politics of Race in Groups, Organizations, and Social Systems*. New York, NY: Information Age Publishing.
- Pieterse, A. L.**, Chung, S., Khan, T. A., & Bissram, J. (2013). Social Class and Racial/Ethnic Identity: Perspectives on the Psychological Impact of Social Stratification and Inequality. In W. M. Liu (Ed.). *Handbook of Social Class and Counseling Psychology* (pp. 379-393). Oxford Press: New York, NY.
- Pieterse, A. L.**, Hanus, A., & Gale, M. (2012). Advocacy and Prevention: Dismantling Systems of Oppression In E. Vera (Ed.). *The Oxford Handbook of Prevention in Counseling Psychology* (pp. 109-124). Oxford Press: New York, NY.
- Friedlander, M. L., **Pieterse, A. L.**, & Lambert. (2012). Evolution of counseling theory in counseling psychology. In N. A. Fouad (Ed). *APA Handbook of Counseling Psychology Vol 1. Theories, Research, and Methods* (pp. 31-57). American Psychological Association: Washington DC.
- Pieterse, A. L.**, Howitt, D., & Naidoo, A. V. (2011). Racial oppression, colonization and self- efficacy: Towards an empowerment model for individuals of African heritage. In E. Mpofu (Ed.). *Counseling People of African Ancestry* (pp. 93-108), London, UK: Cambridge Publications.

- Pieterse, A. L., Miller, M. J.** (2009). Current considerations in the assessment of adults: A review and extension of culturally inclusive models. In J. Ponterotto, L. A. Suzuki, C. Alexander, & J. M. Cases (Eds.). *Handbook of Multicultural Counseling, 3rd Edition*, (pp. 649-666). Thousand Oaks, CA: Sage Publications.
- Neville, H. A., & **Pieterse, A. L.** (2009). Racism, white supremacy, and resistance: Contextualizing Black American experiences. In H. A. Neville, B. N. Tynes, & S. O. Utsey (Eds.). *Handbook of African American Psychology*. (pp. 159-174) Thousand Oaks, CA: Sage Publications.
- Carter, R. T., & **Pieterse, A. L.** (2005) Race: Its meaning and related constructs. In R. T. Carter (Ed.). *Handbook of Racial Cultural Psychology and Counseling* (pp.41-63). Hoboken, NJ: Wiley & Sons.
- Carter, R. T., **Pieterse, A. L.**, & Williams, C. B. (2005). The decline of eurocentric dominance in counseling and psychology: A summary and reflections on the impact of multiple perspectives. In R. T. Carter (Ed.). *Handbook of Racial Cultural Psychology and Counseling* (pp. 414-422). Hoboken, NJ: Wiley & Sons.
- Suzuki, L. A., Short, E. L., **Pieterse, A. L.**, & Kugler, J. (2001). Multicultural issues and the assessment of aptitude. In L. A. Suzuki, J. Ponterotto, & P. J. Meller (Eds.). *Handbook of Multicultural Assessment – 2nd Edition* (pp. 359-382). New York: Jossey & Bass.

ENCYCLOPEDIA ENTRIES & COMMENTARIES

- Pieterse, A. L.**, & Ray, K. Racism. (2008). In F. T. L. Leong (Ed.). *Encyclopedia of Counseling, Vol. 4*. Thousand Oaks, CA: Sage Publications.
- Suzuki, L. A., & **Pieterse, A. L.** (2005). Educational assessment. In S. Farenga & D. Ness (Eds.). *Encyclopedia on Education and Human Development* (pp. 100-103). Armonk, NY: M. E. Sharpe Publishers.

BOOK REVIEWS

- Pieterse, A. L.** (2007). Noncognitive Assessment in Higher Education: Beyond the Big Test by W. E. Sedlacek. In *Measurement and Evaluation in Counseling and Development*, 40, 181-183.

CITATION RECORD – GOOGLE SCHOLAR

# Citations	6787
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MANUSCRIPTS UNDER REVIEW

- Gale, M., & **Pieterse, A. L.** For Whose Benefit? Internalized Racism and Shifting Racial

Expression among Multiracial Adults (*Under Review*)

Pieterse, A. L., Carter, R. T., & Kirkinis, K. White Americans' Experiences of Race-Based Traumatic Stress Symptoms: The Role of Racial Identity, Types of Racial Encounters, and Race-Based Stress (*Under Review*)

Pieterse, A. L., Yang, E. J., Gordon, S., & Mueller-Hsia. Psychological Responses to Historical Racism among African Americans: Considerations for Racial Trauma (*Under Review*)

Gale, M. M., & **Pieterse, A. L.** Examining the Focus on Racism and Antiracism Instruction in United States Multicultural Counseling Courses (*under review*)

MANUSCRIPTS IN PREPARATION

Pieterse, A. L., Carter, R. T., Gordon, S., Stevenson, L., Mueller-Hsia, J. Perspectives on Intergenerational Racial Trauma Among Black Americans: A review of the literature

Pieterse, A. L., Gordon, S., & Yang, E.J. Racial Trauma in Clinical Supervision: Frequency and Types of Racist Incidents.

Paiko, L., & **Pieterse, A. L.** Predicting Anti-Racism in White Counseling Trainees: The Role of Affective Costs of Racism to Whites

Pieterse, A. L., Collins, N. M., Lee, M., & Wright, S. Therapist Self-Awareness and Counseling-Related Outcomes: A Quantitative Examination

RESEARCH IN PROGRESS

Pieterse, A. L., Keum, B., Lie, L., Dogan-Dixon, J. The relationship between racism and trauma symptoms in Adult populations: A Meta-Analysis

Pieterse, A. L & Lee, M. Development and Validation of the Therapist Self-Awareness Inventory

Pieterse, A. L., Taylor, T., Harris, M. Assessment of Inter-generational Racial Trauma

Pieterse, A. L., Carter, R.T.C., & Harris, M. International Validation of the Race Based Traumatic Stress Symptoms Scale

INVITED PRESENTATIONS

Pieterse, A. L & Wilcox, M. (2024, January 17). *Social Justice Interventions in Professional Psychology: A Focus on Training and Practice* (National Multicultural Conference and Summit: Pre-Conference Workshop), Santa Fe, NM

Pieterse, A. L (2023, November 15). *Attending to Race in Clinical Supervision: Children's*

National Hospital, Washington DC

Pieterse, A. L. (2023, October 13). *Attending to Racial Trauma in Clinical Supervision: Considerations for Anti-Racist Practice*. Seton Hall Supervision Conference, South Orange, NJ

Pieterse, A. L., (2023, September). *Engaging Anti-Racism; Strategies for Collective Resistance among Black, Indigenous and other Faculty and Staff of Color*. Counseling Roundtable, University of Oregon, Eugene, OR (webinar, zoom)

Pieterse, A. L. (2023, August). *On Doing Anti-Racism: A few words of Hope and Caution*. Fellows Address, American Psychological Association's Annual Convention, Washington DC

Pieterse, A. L. (2023, March). *Doing Anti-Racism in Psychological Science and Practice: Addressing the Why's and How's*. The University of Toronto, Toronto, CA

Pieterse, A. L. (2023, January). *Enhancing the Therapeutic Relationship through Cultural Humility: Theory, Research and Clinical Applications*. South London and Maudsley NHS (SLaM) Cultural Competence Series (via Zoom)

Pieterse, A. L. (2022, October). *Anti-Racism in Psychological Science and Practice: A Call for Action*. University of Vermont, Department of Psychology Colloquium.

Pieterse, A. L. (2022, July). *Thoughts on Race and Racial Trauma in the Clinical Encounter*. MIT, Student Mental Health and Counseling Services

Pieterse, A. L. (2022, March). *Health Disparities, Race and Racism: Critical Perspectives from Psychological Science and Practice*. American Psychological Association Professional Development Training Institute, Washington DC.

Pieterse, A. L. (2022, March). *Clinical Supervision: Exploring the Dynamics of Racial Trauma and Anti-Racist Practice*. – Columbia Psychoanalytic Institute, NYC

Pieterse, A.L (2022, March). *Considerations for Anti-Racist Practice in Counseling and Psychotherapy*. University of Regina, CA

Pieterse, A. L. (2021, October). *Engaging Racial Diversity in Clinical Practice: Moving from Fear to Freedom*. Keynote Address – New York Psychological Association Annual Convention

Pieterse, A. L. (2021, May). *Working with Difference in the Supervisory Relationship: A Focus on Race.*, Association of Clinical Psychologists – United Kingdom (UK)

Pieterse, A. L. (2021, February). *Racial Dynamics in American Life: Implications for*

Psychology Training Programs. University of Southern California

- Pieterse, A. L. (2021, February). *Clinical Considerations for Racial Trauma: Assessment, Intervention and Prevention*. American Psychological Association Professional Development Training Institute, Washington DC.
- Pieterse, A. L. (2020, December). *Understanding and Addressing Psychological Impacts of Racism*. – California Psychological Association
- Pieterse, A. L. (2020, October). *Effects of Racism and Racial Trauma on Health Providers*. CHOC Conference, Orange County, CA.
- Pieterse, A. L. (2020, July). *Racial Trauma and Supervision: Critical Considerations*. International Interdisciplinary Conference on Clinical Supervision. Held Virtually
- Pieterse, A. L., Roberson, K., & Paiko, L. (2019, February). *Attending to the Experiences of our Students of Color*. Council of Counseling Psychology Training Programs (CCPTP). Invited presentation at the Mid-Winter Meeting and Conference. Santa Ana Pueblo, NM.
- Pieterse, A. L. (2018, April). *Antiracism and Implicit Bias: Considerations for Public Health*. University at Albany – School of Public Health
- Pieterse, A. L. (2017, November). *The Relationship Between Life-Stress and Psychological Health for Boys of Color*. Office of Family and Child Services, NY State
- Pieterse, A. L. (2017, May). *Engaging Race-Related Dialogue: Moving From Fear to Freedom*. Skidmore College, Saratoga NY
- Pieterse A. L. (2017, January). *Addressing Race in the Therapeutic Encounter*. Skidmore College, Saratoga, NY
- Pieterse, A. L. (2016, April). *Addressing Racial Diversity in the Work Place*, University at Albany – SUNY, School of Public Health, Albany, NY
- Pieterse, A. L. (2015, September). *Racial-Cultural Consciousness in Engaging Communities of Color*. University at Albany – SUNY, Diversity Conference, Division of Counseling Psychology, Albany NY
- Pieterse, A. L. (2014, October). *Racism-related trauma: empirical and clinical considerations*. Miami University, Oxford, OH.
- Pieterse, A. L. (2014, September). *Racism and health: using data as a tool in ant-racism advocacy*. Brigham Young University, Provo UT.
- Pieterse, A. L. (2014, August). *Mental health: Its impact on the physical health of Black Americans*. *Black Men's Health Summit*, Albany, NY

- Pieterse, A. L. (2013, October). *Clinical and policy related considerations in race-related trauma*. Diversity Challenge, Boston, MA
- Pieterse, A. L. (2013, September). *Research in counseling psychology: emphasizing our strengths*. Australian Psychological Society, Melbourne, Australia
- Pieterse, A. L. (2011, April). *Race and racism in health disparities: theoretical and empirical considerations*. Center for the Elimination of Minority Health Disparities, University at Albany – SUNY
- Pieterse, A. L. (2011, March). *School climate: racial considerations*. CASDA Teachers Assistant Conference, Albany, NY
- Pieterse, A. L. (2010, September). *Racism in Health Care Delivery and Practice: Empirical and Theoretical Considerations*. Albany Medical Center, Psychiatric Grand Rounds. Albany, NY
- Pieterse, A. L. & Collins, N. M. (2009, March). *Anti-racism training in human resources*. National Reconnaissance Office. Chantilly, VA
- Pieterse, A. L. (2009, May). *Multicultural considerations in DSM-IV-TR diagnosis*. Falls Church Community Mental Health Board. Fairfax, VA.
- Pieterse, A. L. (2009, March). *On doing social justice in an era of change: Barack Obama and the psychology of race*. 18th Annual Diversity Conference, University at Albany. Albany, NY.
- Pieterse, A. L. (2008, May). *Internalized Racism: A socio-psychological analysis*. Presentation for the Commission on Race Relations, Hamilton, Bermuda
- Pieterse, A. L. (2007, April). *Liberation psychology: perspectives on South Africa and the US*. Panel Discussion at the 4th annual National Conference of Black Counseling Psychologists, Washington, DC.
- Pieterse, A. L., Obasi, E., & Bethea, A. (2004, April) *Experiences of Black graduate students in psychology programs*. Panel Presentation at The National Conference of Black Counseling Psychologists. Washington, DC.
- McRae, M., Wilton, L., Short, E., Pieterse, A. L., & Lao, T. (2000, April). *Race, class and ethnicity in groups and organizations: Experiences and observations*. Symposium presentation at the Eastern Regional Conference of the Association of Black Psychologists. New York, NY. (M. McRae, Chair)
- Pieterse, A. L. (1999, November). *Psychosocial aspects of bone marrow transplantation*. – Paper presentation, Allogeneic Hematopoietic Cell Transplantation. Current Practice and Future Directions. Memorial Sloan

Kettering Cancer Center, New York, NY.

REFEREED CONFERENCE PRESENTATIONS

- Pieterse, A. L. (2023). *Intergenerational Racial Trauma among Black Americans: Considerations for Research*. Symposium presentation and Chair. Annual Convention of the American Psychological Association, Washington DC
- Gale, M., & Pieterse, A. L. (October, 2020). *Internalized Racism and Shifting Racial Expression among Multiracial Adults*. Presentation at the 20th Annual Diversity Challenge, Boston College, MA
- Paiko, L. & Pieterse, A. L. (August 2018). *Racial Attitudes and Advocacy*. Poster session presented at 2018 American Psychological Association Annual Convention, San Francisco, CA.
- Pieterse, A. L., (2018). *Anti-Racism Training in Organizational Settings: A Critical Role for Psychology*. Paper presented at the 126th Annual Convention of the American Psychological Society, San Francisco. (M. Miller Chair).
- Roberson, K., Pieterse, A.L., Martin, C., O'Neil, J., Taylor, B., et al., (2018). *Validation of the race-based traumatic stress symptom scale*. Poster presented at the 126th Annual Convention of the American Psychological Society, San Francisco
- Kirkinis, K., Martin, C., Agiliga, A., & Pieterse, A. (2018, April). *Racial trauma: A unique form of trauma*. Symposium presented at the Defining Trauma and Resilience Conference, Keene, NH
- Martin, C., Agiliga, A., Austin, C., & Pieterse, A. (2018, March). *White identity within anti-racism advocacy: A case study*. Poster presented at the Association for Women in Psychology Conference, Philadelphia, PA.
- Kirkinis, K., Austin, C., Pieterse, A. L., & Neblett, E. (2017) *Internalized racism and the college experience*. Poster presented at the 27th annual Convention of the American Psychological Society, Boston, MA
- McLaughlin, K. L., Kumar, S. M., & Pieterse, A. L. (2015). *Assessing the factor structure of Greer's (2010) alternative model of the Schedule of Racist Events*. Poster presented at the 123rd Annual Convention of the American Psychological Association, Toronto, Canada
- Pieterse, A. L. (2014). *Examining the factor structure of an Australian version of the Perceived Ethnic Discrimination Questionnaire (PEDQ-A)*. Poster presented at the National Society of Counseling Psychology 2014 Conference, Atlanta, GA.
- Pieterse, A. L. (2013). *Training for Multicultural Competence in Counseling Psychology: Perspectives on Process and Outcome*. Paper presented at the APS 2013 Counseling Psychology Conference, February 23, Melbourne, Australia.

- Pieterse, A. L. (2013). *Counselor self-awareness and counseling-related outcomes: conceptual and empirical considerations*. Paper presented at the APS 2013 Counseling Psychology Conference, February 22, Melbourne, Australia.
- Miller, M. J., & Pieterse, A. L. (2012). *Development of the Racism Coping Self-Efficacy Scales*. Poster presented at the NIH Science of Eliminating Health Disparities Conference, National Harbor, MD, USA
- Pieterse, A. L., Chung, G. I., Bissram, J., & Ball, M. (2012). *Therapist self-awareness and counseling-related outcomes: A quantitative examination*. Poster presented at the 120th Annual Convention of the American Psychological Association, Orlando, FL.
- Pieterse, A. L., Carter, R. T., Chung, S., Khan, T., Lantz, M. (2010, August). *The relationship between racism, health risk behaviors and health status*. Poster presented at the 118th Annual Convention of the American Psychological Association, San Diego.
- Pieterse, A. L., Ritmeester, A. Lee, M., Chung, S., Fang, K., & Hanus, A (2010, August). *Exploring the influence of racial group membership in multicultural training*. Poster presented at the 118th Annual Convention of the American Psychological Association, San Diego.
- Pieterse, A. L., & Fang, K. (2010, February). *General life stress and racism-related stress for African American populations: a mutually inclusive or mutually exclusive phenomenon*. Paper presented at the 27th Annual Winter Roundtable Conference on Cultural Psychology and Education. New York, NY.
- Pieterse, A. L., & Lee, M. (2009, October). *Towards a model of self-awareness development on counseling and psychotherapy training*. Paper presentation at the New England Society for Psychotherapy Research Conference, Williamstown, MA.
- Pieterse, A. L., Collins, N. M., Ritmeester, A., Chung, S., & Fang, K (2009, August). *A qualitative examination of the process of self-awareness development among counselor trainees*. Poster presented at the 117th Annual Convention of the American Psychological Association, Toronto Canada.
- Pieterse, A. L., & Utsey, S. (2009, August). *Development and initial validation of the Anti-Racism Behavioral Inventory*. Poster presented at the 117th Annual Convention of the American Psychological Association, Toronto, Canada.
- Pieterse, A. L., & Carter, R. T. (2008, December). *An investigation of the relationship between racism, racial identity, perceptions of health, and health locus of control among Black women*. Poster Presentation at the NIH Summit: The Science of Eliminating Health Disparities, National Harbor, MD.
- Pieterse, A. L. & Evans S. A. (2008, March) *Examining the internationalization of*

counseling psychology scholarship: A content analysis. Paper presented at the International Counseling Psychology Conference. Chicago, IL.

- Pieterse, A. L., Evans, S. A., & Carter, R. T. (2007, August). *Ethnic discrimination, racial climate and trauma-related symptoms in a college population*. Poster presented at the 115th Annual Convention of the American Psychological Association. San Francisco, CA
- Pieterse, A. L., & Mason, L. B. (2007, August). *Social justice and multicultural training: A content analysis of course syllabi*. Paper presented at the 115th Annual Convention of the American Psychological Association. San Francisco, CA. (M. Miller, Chair)
- Pieterse, A. L., & Collins, N. M. (2007, February). *Employing critical incident analysis in developing active racial awareness: A socialization values approach*. Workshop presentation at the 24st Annual Winter Roundtable on Cultural Psychology and Education. New York, NY.
- Pieterse, A. L. (2006, August). *Anti-racism training in counseling and psychology*. Paper presented in a symposium at the 114th Annual Convention of the American Psychological Association. New Orleans, LA. (A. Pieterse, Chair)
- Pieterse, A. L., Carter, R. T., & Pieterse, P. L. (2006, August). *Racism-related stress and psychological functioning among American women of African descent*. Poster presented at the 114th Annual Convention of the American Psychological Association. New Orleans, LA
- Pieterse, A. L. (2005, August). *Quantitative Considerations in Racism-Related Research: The role of measurement*. Paper presented in a symposium at the 113th Annual Convention of the American Psychological Association. Washington DC. (S. Utsey, Chair)
- Pieterse, A. L. & Carter, R. T. (2005, August). *Racism-related stress and psychological functioning: Does racial identity matter?* Poster presented at the 113th Annual convention of the American Psychological Association. Washington, DC.
- Bouis, G., & Pieterse, A. L. (2005, February). *Social justice: From classroom to community*. Paper presented at the University of Maryland Student Affairs Conference, College Park, MD.
- Pieterse, A. L. & Alvarez, A, (2005, February). *The influence of racial identity on the psychological outcomes of racism: the case of African Americans and Asian Americans*. Symposium presented at the 22nd Annual Winter Roundtable of Cultural Psychology and Education. New York, NY
- Pieterse, A. L., & Collins, N. (2004, February). *Active multicultural awareness and counselor training: A critique and extension of current approaches to*

competence. Paper presented at the 21st Annual Winter Roundtable on Cultural Psychology and Education. New York, NY.

Pieterse, A. L., Carter, R. T., & Smith, S. (2003, October). *Racial identity statuses and anger expression: Toward a more complex understanding of the Black experience*. Paper presented at the 3rd Annual Diversity Challenge Boston College. Chestnut Hill, MA.

Carter, R. T., Pieterse, A. L., & Williams, C. B. (2003, October). *A retrospective symposium on the implications of three decades of research and theory on racial identity development*. Symposium presented at the 3rd Annual Diversity Challenge, Boston College. Chestnut Hill, MA.

Pieterse, A. L. (2002, August). *Incorporating race, culture, gender and religion in clinical supervision: A case study*. Individual paper presentation in symposium presented at the 110th Annual APA Convention. Chicago, IL.

Carter, R. T., Pieterse, A. L., & Jackson K. (2002, October). *The role of racial identity in clinical assessment: Enhancing our understanding of PTSD*. Symposium presentation at the 2nd Annual Diversity Challenge, Boston College. Chestnut Hill, MA. (R.T. Carter, Chair)

Pieterse, A. L., & Suzuki, L. A. (2002, October). *Graduate level training in testing and assessment: Incorporating race and culture in word and deeds*. Structured Discussion presented at the 2nd Annual Diversity Challenge, Boston College. Chestnut Hill, MA.

Juby, H., Pieterse, A. L., & Chiang, L. (2001, March). *Building multicultural alliances – a student perspective*. Symposium presented at the Fourth National Counseling Psychology Conference, Houston, TX.

Pieterse, A. L., Short, E., Ahluwhalia, M., Tully, C., Yokoyama, K., & Suzuki, L. A. (2000, August). *Multiculturalism in graduate studies – the unspoken dynamics of color*. Symposium presentation at the 108th Annual APA Convention, Washington DC. (L.A. Suzuki, Chair)

Suzuki, L. A., Short, E., Pieterse, A. L. & Armor-Thomas. E. (1999, August). *Redefining intelligence: A multicultural mosaic: Socio-cultural aspects of intelligence*. Symposium presented at the 107th Annual Convention of the American Psychological Association. Boston, MA. (L. A. Suzuki, Chair)

Vraniak, P., Suzuki, L., Lee, C., Kobo, T., Pieterse, A., Short, E., Lin, F., Kim, E., & Choi, S. (1998, August). *Intelligence exposed: a multicultural redress*. Poster presented at the 106th Annual Convention of the American Psychological Association, San Francisco, CA.

GRANT ACTIVITY

National Institute on Minority Health and Health Disparities (NIH)

“Intra- and Intergenerational Consequences of Maternal Stress Exposure for Maternal-Infant Health in Black U.S. Families” – R21 09/22 – 09/25. Co-Investigator
Betty Lin – UAlbany PI \$662,035

National Education Association. ER3J Racial Justice Grant (In Association with New York State Teachers Union – NYSUT 2018-2020 – Co-PI \$322,000

National Center on Minority Health and Health Disparities (NIH);

“The Endowment for Community-Based Health Disparities Research and Training.” Co- Investigator.
Grant # S21MD010692-01. 4/1/2016-3/31/2020, Total award \$10,000,000.

University at Albany Faculty Research Assistance Program, 2016 -
Further Validation of the Race-Based Traumatic Stress Symptom Scale \$4,000

University at Albany Faculty Research Assistance Program, 2009 -
Exploring the Relationship Between Perceptions of Racism and Health-Related Attitudes and Behaviors among Black American Adults \$9,000

NIMHD - Health Disparities Loan Repayment Grant, 2006 – 2010

Behavioral and Psychological Correlates of Racism-Related Experiences: Expanding our Understanding of Health Disparities \$82,000

George Mason University, Summer Research Grant– 2006

Exploring the relationship between racism-related stress, general health and psychological functioning among American women of African descent \$4,970

TEACHING**Courses at George Mason University**

EDCD 609: Advanced Counseling: Skills and Strategies
EDCD 658: Family and Couples Counseling
EDCD 653: Diagnosis and Treatment Planning in Counseling
EDCD 692: Anti-Racism Advocacy in Counseling and Education
EDCD 602: Foundations in Counseling

Courses at The University at Albany

ECPY 805: Advanced Doctoral Practicum in Counseling Psychology
ECPY 706: Psychological Assessment and Measurement
ECPY 612/700: Pre-Practicum in Counseling
ECPY 808: Advanced Practicum in Specialized Procedures in Counseling Psychology
ECPY 606: ECPY 606 Internship in Mental Health Counseling Practice

Courses Taught at Monash University

EDF6502 – Clinical Assessment and Psychopathology
EDF6517 – Research and Therapeutic Interventions in Counseling Psychology

Courses Taught at Boston College

APSY 8915 – Critical Perspectives on the Psychology of Race, Gender and Social Class

APSY 9410 – Quantitative Methods

APSY 7465 – Psychological Testing

Dissertation Advisement (Chair)

Mason, M. (2012). The development of a theoretical orientation in counseling psychology trainees

Kim, J. (2012). Maladaptive perfectionism, depression and anxiety, self-construal, and acculturative stress

Lee, M. (2013). Exploring U.S. Imperialist Influences on Bicultural Koreans' Identity Negotiation: A Qualitative Study

Lantz, M (2015). Investigating counselor training environment, awareness of privilege, and social dominance orientation as predictors of counselor trainees' self-reported multicultural competencies.

Kahn, D. (2016). Sexual-Minority Black Men, Internalized Stigmas and Depression: Does Community Connectedness Help?

McGlaughlin, K. (2016). Sexism makes me sick: An examination of the contributions of sexism and feminist identity development to women's self-objectification.

Gale, M. (2017). Does Multiracial Identity Integration Moderate the Relation between Racism and Health?

Xhahani, A. (2017). Acculturation, Enculturation, Stigma and Attitudes Toward Seeking Psychological Help among Eastern Europeans in the US.

Nicolas, A. (2018). Intraethnic and Interethnic discrimination: the association with psychological distress and self-esteem among Black young adults.

Wright, S. (2019). Therapist Cultural Humility and the Working Alliance: Exploring Empathy, Congruence, and Positive Regard as Mediators

Kangos, K. (2019). Understanding How Therapists' Cultural Humility Contributes to Therapy Outcomes For Lesbian, Gay, and Bisexual Christian Clients

Powell, S. (2020). Big, Black, and Strong: Does Identification as a Strong Black Woman Moderate the Relation between Racism-related Stress and Emotional Eating?

Martin, C. (2021) Racism, Mental Health and the Role of Racial Conflict for Multiracial

People

- Agiliga, A. (2021). Black Bisexual Woman's Experiences of Growth Following Gendered Racism and Biphobia.
- Paiko, L. (2022). The role of White Guilt and White Shame in Awareness of Privilege and Anti-Racism.
- Roberson, K. (2022). Black-Whites Interracial Contact and Anti-Racist Activism. What Promotes Action in White Americans?
- Kirkins, K. (2022). The Impact of Workplace Racial Harassment on Inclusion and Talent Retention.
- Stewart, T. (2022). Race-Related Stress, Religious Coping, and Psychological Well-being of Religious/Spiritual-Identified Black American Graduate Students Attending Predominantly White Institutions.

Dissertation Advisement (Committee Member)

- Youman, K. (2009). Wrongful Incarceration? Race differences in perceived innocence among jail inmates (GMU)
- Rodriguez, I. (2009). Work-family Conflict and Psychological Distress in U.S. Latino mothers and fathers: The moderating effects of familismo and gender
- Kendall, W. (2010). Examining the persuasive effect of metaphor use in psychotherapy: The impact of message and messenger on attitude change.
- Ling, L. (2010). The moderating roles of ethnic identity and racism-related stress on the relationship between racial discrimination and situational well-being for Asian Americans
- Gibson, J. (2011). Black college students' perceptions of occupational self-efficacy and barriers for racial/ethnically traditional and nontraditional majors.
- Martin, J. (2011). Examination of the interaction of drinking motives and personality on alcohol use and alcohol-related problems among college students.
- Siembor, M. (2012). The relationship of the supervisory working alliance to supervisees' reluctance to disclose: Is it mediated by role conflict?
- Lee, C. (2012). Relations of Acculturation, Enculturation, and Acculturative Family Distancing to Depressive Symptoms as Mediated by Family Conflict: A Study of Taiwanese Adults in North America

- Fang, K. (2013). Contributions of Personality, Acculturation/Enculturation and Perceived Racial Discrimination to Social Anxiety among Chinese Immigrants: A Context-Specific Assessment
- Kasson, D. (2013). Effect of a Diversity Training Workshop on College Students' Pro-diversity Orientation
- Skinner, A. (2013). Relation of Therapeutic Alliance to Retention in Eight Cases of Brief Strategic Family Therapy
- Cusick, M. (2016). Help-seeking Attitudes of Black College Students: The Effects of Race-related Stress, Cultural Mistrust, and Campus Racial Climate
- Worhach, M. (2016). Internalized Homophobia, Alcohol Use, Sexual Behavior and DBT Coping Skills
- Johnson, V. (2017). A Theoretical Model of the Transmission of Black Cultural Strength (Teachers College, Columbia University)
- Longo, L. (2017). Drinking with Those Who Mind: An Examination of College Students' Beliefs about Secondhand Effects of Alcohol and Related Intentions To Drink.
- Stone, M. (2017). Effects of Brief Mindfulness Practice on Perceptions of Therapist Empathy, Self-Awareness, and the Real Relationship
- Austin, C. (2018). Making Sense of The Mix: Understanding the Biracial Identity Construction Process of Black-White Emerging Adults
- Barbaro, L. (2019). Female College Students' Experiences with Coercive Control: A Qualitative Investigation

AWARDS AND HONORS

Fellow of the Society of Counseling Psychology, Division 17 – American Psychological Association, 2022

Albany Medical Center – Research Equity Award, 2022

Biggs-Pine 2005-2006 Award for Outstanding Contribution to *Counseling and Values Journal*

Council for Counseling Psychology Training Programs (CCPTP)
Nominated for Outstanding Graduate Student – 2004

Teachers College, Columbia University - Minority Scholarship 1998-2000

PROFESSIONAL SERVICE

Center for the Elimination of Minority Health Disparities – University at Albany:

Associate and Albany Minority Health Task Force Committee Member 2014-2021

Editorial Activity

Special Section, Dismantling and Eradicating Anti-Black Racism
 Guest Editor, *Journal of Counseling Psychology* 2023
 Associate Editor, *The Counseling Psychologist*, 2019 -
 Associate Editor, *Journal of Psychology in Africa*, 2014 - 2018
 Editorial Board, *Journal of Social Action in Counseling and Psychology* 2020 -
 Editorial Board, *Cultural Diversity and Ethnic Minority Psychology*, 2015 - 2018
 Editorial Board, *Journal of Counseling Psychology*, 2017 – 2018
 Editorial Board, *Measurement and Evaluation in Counseling* 2009 – 2017
 Editorial Board, *Journal of Black Psychology* 2011

Ad Hoc Reviewer

Ethnicity and Disease
Journal of Racial and Ethnic Health Disparities
Journal of Social Issues
Diversity in Higher Education

Service to the Profession

Society of Counseling Psychology – Co-Chair Awards and Recognition Committee 2023-2025
 CCPTP, Executive Board, Secretary 2017-2020
 CCPT liaison to ASPPB 2018-2020
 Counseling Psychology Leadership and SCP Writing team: 2020
 CRSSPP Counseling Psychology petition
 APA, Society for Counseling Psychology, (Div17):
 Mentor for SAS mentoring Project 2013-2014
 Section on Racial and Ethnic Diversity, Conference Co-Chair 2011 -2012
 Awards Committee 2007-2011
 Hospitality Suite Committee 2010
 Membership Committee 2007-2010
 Program Committee 2006-2010
 Section on Racial and Ethnic Diversity Newsletter Co-Editor 2005-2006
 American Counseling Association:
 Counselors for Social Justice, Position Statement Task Force Member 2007

Institutional Service

Boston College

Lynch School of Education and Human Development
 Member - Undoing Oppression Committee 2022 –
 Department of Counseling, Educational and Developmental Psychology
 Search Committee Chair, TT Assistant Professor Search 2022
 Doctoral Admissions 2022 -

University at Albany, SUNY**University**

Member – Institutional Review Board	2009-11
Member – Health Disparities Research Steering Committee	2015-
Facilitator – Diversity in Action Dialogues	2015-16
Member – Search Committee, Assistant Dean of Graduate Education	2017

School of Education, UAlbany-SUNY

Director of Equity and Inclusion	2019-2021
Chair, Faculty Search Committee – Counseling Psychology	2017-2018

Division

Doctoral Training Director	2015-2021
Chair – Academic Standards Committee – Division of Counseling Psychology	2009-2012
Member – Doctoral Qualifications Examination Committee	2008-2021
Member – Doctoral and MA Admissions Committee	2008-2021

George Mason University

Task Force on Teaching Excellence Member, CEHD, GMU	2007
Academic Advising Specialist Search Committee Member, CEHD	2006
Counseling and Development Program Representative, Graduate Showcase	2006

MEDIA APPEARANCES

April, 2023 – FCTV, Falmouth, MA – Featured Panelist “The Conversation”

January 2023 – BBC – Interviewed for news report on Murder of Tyre Nichols

June 2020, NBC CH 13 – Albany – Interviewed and provided commentary on Racial Justice

April, 19, 2007 – Interviewed by NBC4, Washington DC on psychological responses to the Virginia Tech Shooting.

CONSULTATION

Albany Medical College – Diversity Consultation, 2010 -2012; 2014

Albany Visiting Nurses Association – Clinical Consultation, 2011 - 2012

Kingston School District, NY – Diversity Consultation, 2019 – 2022

Carter & Associates, TX – Racial Trauma Consultation 2020 -