

**BOSTON COLLEGE  
WILLIAM F. CONNELL SCHOOL OF NURSING  
140 Commonwealth Ave.  
Chestnut Hill, MA 02467**

**CURRICULUM VITAE**

**Julie P. Dunne, PhD, RN, PMHNP-BC, RYT**

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**EDUCATION:**

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| 2019 – 2021 | Post-Doctoral Research Fellowship, Cambridge Health Alliance, Center for Mindfulness and Compassion    |
| 2015 – 2019 | PhD, Boston College William F. Connell School of Nursing   |
| 2012 – 2015 | MS, Boston College William F. Connell School of Nursing (Psychiatric Mental Health Nurse Practitioner) |
| 2008 – 2012 | BS, Nazareth College of Rochester School of Nursing (Registered Nurse)                                 |

**LICENSURE / CERTIFICATION / REGISTRATIONS:**

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| 2021 – 2022 | Trained Mindfulness Based Cognitive Therapy Facilitator  |
| 2020 – 2022 | Yoga Alliance Registered Yoga Teacher  |
| 2015 – 2022 | Drug Enforcement Administration Registration   |
| 2015 – 2022 | American Nurses Credentialing Center Board Certified Psychiatric Mental Health Nurse Practitioner            |
| 2012 – 2022 | Massachusetts Registered Nurse and Psychiatric Mental Health Nurse Practitioner License (2015) No. RN2279418 |

**PROFESSIONAL EXPERIENCE:**

**Academic Faculty Appointments:**

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|-------------|---|
| 2022 – 2022 | Teaching Associate, Harvard Medical School                                    |
| 2017 – 2022 | Clinical Assistant Professor, Boston College, W. F. Connell School of Nursing |

**Appointments at Hospitals / Affiliated Institution:**

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| 2020 – 2022 | Founder & Psychiatric Mental Health Nurse Practitioner, Drishti Holistic Wellness, Somerville, MA             |
| 2019 – 2021 | Psychiatric Mental Health Nurse Practitioner, Cambridge Health Alliance, Outpatient Psychiatry, Cambridge, MA |
| 2016 – 2018 | Clinical Instructor, Brigham and Women's Faulkner Hospital, Boston, MA  |

- 2015 – 2019 Psychiatric Mental Health Nurse Practitioner, Cambridge Eating Disorder Center, Partial Hospitalization Program, Cambridge, MA
- 2013 – 2015 Psychiatric Mental Health Nurse Practitioner & Formerly Registered Nurse, Walden Behavioral Care, Inpatient Psychiatry, Residential and Partial Hospitalization Programs, Waltham, MA
- 2010 – 2012 Patient Care Associate, University of Rochester Medical Center, Adult Medical-Surgical ICU, Rochester, NY

### **HONORS AND AWARDS:**

- 2021 Undergraduate Award for Excellence in Classroom Teaching, Chestnut Hill, MA
- 2019 Boston College Dissertation Award, Chestnut Hill, MA
- 2019 Ann Burgess Award, Chestnut Hill, MA
- 2015 Keys to Inclusive Leadership in Nursing (KILN) Scholarship Awardee, Chestnut Hill, MA
- 2012 The Karen Sue Pusey Award, Rochester, NY
- 2010 Sigma Theta Tau International Honor Society of Nursing

### **PROFESSIONAL SOCIETIES:**

- 2020 – 2022 Massachusetts Coalition of Nurse Practitioners
- 2013 – 2022 American Psychiatric Nurses Association
- 2012 – 2022 American Nurses Association

### **PUBLICATIONS:**

#### **Refereed Articles (\*original research):**

- \*Dunne, J., Flores, M., Gawande, R., & Schuman-Olivier, Z. (2021). Losing trust in body sensations: Interoceptive awareness and depression symptom severity among primary care patients. *Journal of Affective Disorders*, 282, 1210-1219. <https://doi.org/10.1016/j.jad.2020.12.092>
- Schuman-Olivier, Z., Trombka, M., Lovas, D. A., Brewer, J. A., Vago, D. R., Gawande, R., Dunne, J. P., Lazar, S. W, Loucks, E., B & Fulwiler, C. (2020). Mindfulness and Behavior Change. *Harvard review of psychiatry*, 28(6), 371-394. <https://doi.org/10.1097/HRP.0000000000000277>
- \*Dunne, J. P., Shindul-Rothschild, J., White, L., Lee, C. S., & Wolfe, B. E. (2019). Mindfulness in persons with anorexia nervosa and the relationships between eating disorder symptomology, anxiety and pain. *Eating Disorders*, 1-12. <https://doi.org/10.1080/10640266.2019.1688009>
- Dunne, J. P. (2018). Mindfulness in Anorexia Nervosa: An Integrated Review. *Journal of the American Psychiatric Nurses Association*, 24(4), 109-117. <https://doi.org/10.1177/1078390317711250>
- \*Kelly-Weeder, S., Kells, M., Jennings, K., Dunne, J. & Wolfe, B. (2018). Procedures and protocols for weight assessment during acute illness in individuals with anorexia nervosa: A

national survey. *Journal of the American Psychiatric Nurses Association*, 24(3), 241-246.  
<https://doi.org/10.1177/1078390317717790>

Wolfe, B. E., Dunne, J. P., & Kells, M. R. (2016). Nursing Care Considerations for the Hospitalized Patient with an Eating Disorder. *Nursing Clinics of North America*, 51(2), 213-235. <https://doi.org/10.1016/j.cnur.2016.01.006>

### **Chapters:**

Dunne, J. P., Blackwell E., Ursini, E. & Milliken, A. (2022). Ethical Issues in Psychiatric and Mental Health Care. In P. Grace & A. Milliken (Eds.), *Clinical ethics handbook for nurses: Emphasizing context, communication and collaboration* (175-203). The International Library of Bioethics, vol 93. Springer, Dordrecht. [https://doi.org/10.1007/978-94-024-2155-2\\_9](https://doi.org/10.1007/978-94-024-2155-2_9)

### **Thesis and Dissertation:**

Dunne, J. P. (2019). Level of mindfulness in persons with anorexia nervosa entering residential treatment and the relationship with eating disorder symptomology and clinical indicators of health (Doctoral dissertation). Ann Arbor, Michigan: ProQuest LLC. (13805577)

### **RESEARCH AND SCHOLARSHIP:**

**My main research and scholarly interests are related to mindfulness and well-being, especially promoting mental health. I have worked with diverse populations and have particular experience working with nurses/healthcare workers, persons with eating disorders and Asian-American populations. I have special interests in using Mindfulness Based Cognitive Therapy (MBCT) and adaptations to improve mental health. I believe in a holistic and collaborative approach to research, and to wellness in general, and seek opportunities to act as principal investigator, but also to support others in their research.**

### **SELECTED PRESENTATIONS:**

Dunne, J. P. (2019, Oct.). "Mindfulness in Individuals with Anorexia Nervosa." Concurrent 45-minute session presented at the American Psychiatric Nurses Association 33rd Annual Conference

### **TEACHING AND MENTORING ACTIVITIES:**

#### **Harvard Medical School**

2022 – 2022      Teaching Associate, Center for Mindfulness and Compassion

Advisory Responsibilities

2022 – 2022      Mentor, Mindful Mental Health Services

**Boston College, W. F. Connell School of Nursing**

## Courses Taught

2017 – 2018	NURS 4252 Psychiatric and Mental Health Nursing Theory (UG, Fall & Spring); NURS 4253 Psychiatric and Mental Health Nursing Clinical (UG, Fall & Spring)
2018 – 2019	NURS 4252 Psychiatric and Mental Health Nursing Theory (UG, Fall & Spring); NURS 4253 Psychiatric and Mental Health Nursing Clinical (UG, Fall & Spring); NURS 6468 Masters Entry Psychiatric and Mental Health Nursing Theory (Graduate, Spring); NURS 6469 Masters Entry Psychiatric and Mental Health Nursing Theory (Graduate, Spring)
2019 – 2020	NURS 4252 Psychiatric and Mental Health Nursing Theory (UG, Fall & Spring); NURS 4253 Psychiatric and Mental Health Nursing Clinical (UG, Fall & Spring); NURS 6468 Masters Entry Psychiatric and Mental Health Nursing Theory (Graduate, Spring); NURS 6469 Masters Entry Psychiatric and Mental Health Nursing Theory (Graduate, Spring)
2020 – 2021	NURS 4252 Psychiatric and Mental Health Nursing Theory (UG, Fall & Spring); NURS 4253 Psychiatric and Mental Health Nursing Clinical (UG, Fall & Spring); NURS 8005 Direct Entry Psychiatric and Mental Health Nursing Theory (UG, Fall); NURS 8006 Direct Entry Psychiatric and Mental Health Nursing Theory (UG, Fall)
2021 – 2022	NURS 4252 Psychiatric and Mental Health Nursing Theory (UG, Spring); NURS 4253 Psychiatric and Mental Health Nursing Clinical (UG, Spring)

## Selected International Guest Lectures

2018 – 2019	“Mindfulness and Mental Health” Workshop at International Summer University, Haute École de Santé Vaud
2020 – 2021	“Eating Disorders and Ethics” Lecture at Bern University of Applied Sciences

## Recent Continuing Education Programs (since 2020 re-certification)

2021	Toronto Centre for Mindfulness “Inquiry Essentials” Workshop
2021	Toronto Centre for Mindfulness “Mindfulness Based Cognitive Therapy Practicum” 14-Day Course
2022	Seven Stones “Embodying Anti-Racism and Healing Collective Trauma” Course

## Advisory Responsibilities

2018 – 2022	Keys to Inclusive Leadership in Nursing Program
2018 – 2020	Psychiatric-Mental Health Program, Master’s Graduate Students
2017 – 2022	Undergraduate Students

**PROFESSIONAL ACTIVITIES AND SERVICE:****Academic Major Committee Assignments:****University Committees**

Boston College W. F. Connell School of Nursing

2020 – 2022	Member, CSON Affairs Committee
2018 – 2022	Member, Grievance Committee
2017 – 2020	Chair & Member, Continuing Education Committee

**Hospital or Affiliated Institution Major Committee Assignments:****Cambridge Health Alliance**

2021 – 2022	Committee Member, Harvard Medical School Mindfulness and Compassion Grand Rounds Planning Committee
2021 – 2022	Committee Member, Mindfulness Based Cognitive Therapy (MBCT) Leadership Team
2020 – 2021	Founding Member, Eating Disorders Workgroup
2019 – 2021	Member, Asian Mental Health Team

**Editorial Activities:**

Reviewer	<i>American Psychiatric Nurses Association; Journal of Affective Disorders; Mindfulness; and others</i>
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**Other Advisory / Community Service:**

2021 – 2022	Mindfulness at Work Series Speaker, Massachusetts Law Reform Institute
2020 – 2021	Mindfulness Drop in Session Meditation Leader, Cambridge Health Alliance