

FIRST & LAST NAME

Chestnut Hill, MA | email@bc.edu | (272) 383-4858 | linkedin.com/name

EDUCATION

Boston College, Morrissey College of Arts & Sciences | Chestnut Hill, MA May 2026
Bachelor of Science in Biochemistry, Minor in Global Public Health & the Common Good | GPA: 3.6
Relevant Coursework: Behavioral Neuroscience, Advanced Calculus II, Chemical Biology: Structure & Function

SKILLS

Laboratory: Microscopy, Gas chromatography, DNA extraction/quantification, amino acid analysis, yeast display, flow cytometry, protein library sorting, DNA cloning & sequencing, ELISA

Language: Polish (Advanced Proficiency)

RELEVANT EXPERIENCE

Boston College Metabolic Cancer Research Lab | Chestnut Hill, MA | *Research Assistant* Dec 2023 – Present

- Design and implement a study comparing the glucose and ketone value readings for two commercially available blood monitoring devices with the goal of informing consumers about value accuracy for calculating Glucose Ketone Index
- Execute a study focusing on the effects of exercise on tumor growth by collecting data on the voluntary wheel running on C57BL/6 mice
- Conduct a diet study testing the effects of various ingredients to determine optimal conditions for tumor suppression through the Ketogenic diet

Newton Wellesley Hospital | Newton, MA | *Surgical Pre-Op Volunteer* Aug 2023 – Present

- Comfort and assess needs of patients in preparation for surgery appointments to streamline efficiency of surgery schedule and ensure all safety measures are considered
- Clean and maintain 24 rooms in the unit after each patient departure and prepare rooms for incoming patients

St. Francis Hospital | Hartford, CT | *Neuro Nursing Unit Volunteer and Mobility Tech* May 2023 - Aug 2023

- Assessed fall risk and performed comfort and safety rounds on 28 patients to ensure all rooms were in compliance with hospital safety regulations
- Completed mobility training for physical therapy and nursing to better assist patients with gait challenges

WORK EXPERIENCE

Rocco's Pizza & Grill | Manchester, CT | *Hostess, Busser, & Food Runner* May 2022 – Aug 2023

- Managed all front of house responsibilities while simultaneously cleaning and setting 42 tables for customers
- Developed a table delegation system to increase efficiencies during service hours
- Communicated with servers and kitchen staff to ensure a timely delivery of food to tables, ensuring customer satisfaction

LEADERSHIP EXPERIENCE

The Body Project (NEDA) at Boston College | Chestnut Hill, MA | *Peer Leader* Aug 2023 – Present

- Lead small group of female-identifying students in two educational, discussion-based meetings on challenges preventing body positivity and to encourage rejection of the appearance ideal

Office of Health Promotion | Chestnut Hill, MA | *Team Manager, Health Coach* Aug 2022 – Present

- Co-lead weekly meetings for 15 other health coaches to provide group education on matters of health, wellness, and stress management
- Lead monthly workshops for students on the science of stress and shared key strategies to implement healthy coping strategies throughout the school year
- Facilitate one-on-one 30 minute discussions with 3-5 students a week to evaluate current levels of stress and set attainable stress management goals

FIRST and LAST NAME

Anywhere, MA | email@bc.edu | (384)-555-3948

EDUCATION

Boston College, Connell School of Nursing

Bachelor of Science in Nursing

- Anticipated Date of NCLEX: July 2026

Chestnut Hill, MA

May 2026

The American University in Cairo

Relevant Coursework: Anthropology of Life, Death, & the Afterlife, Psychology of Love and Attraction.

Cairo, Egypt

Fall 2024

CLINICAL EXPERIENCE

Beth Israel Deaconess Medical Center

Childbearing: Postpartum + Labor & Delivery

Adult Health I: Acute Surgical/Trauma Unit

Boston, MA

Spring 2025

Spring 2024

Brigham & Women's Hospital

Adult Health II: Palliative Care & Oncology

Boston, MA

Spring 2025

Boston Children's Hospital

Labor & Delivery & Postpartum

Boston, MA

Spring 2023

WORK EXPERIENCE

Boston Children's Hospital

Patient Care Assistant

Boston, MA

May 2025 – Present

- Deliver compassionate, hands-on care to patients undergoing complex treatments such as stem cell transplants for hematological and oncological conditions, ensuring comfort, safety, and dignity throughout hospitalization.
- Collaborate closely with registered nurses and interdisciplinary team members to monitor patient status, support care plans, and respond promptly to changes in condition.
- Perform essential clinical tasks including vital signs, glucose monitoring, and specimen collection, contributing to accurate documentation and effective treatment planning.

Beth Israel Deaconess Medical Center

Patient Care Technician

Boston, MA

May 2024 – Present

- Provide compassionate care and monitoring for patients with severe conditions including COPD, pneumonia, sepsis, and those in ICU settings, ensuring adherence to all safety protocols and clinical guidelines.
- Assist in the implementation of patient-specific treatment plans under the supervision of nursing staff, helping to manage symptoms and improve patient outcomes for those in critical conditions.
- Perform regular vital signs checks, EKGs, and blood draws, efficiently documenting all patient interactions and observations to maintain accurate medical records and support multidisciplinary team decisions.

Boston College Career Center

Peer Career Coach

Chestnut Hill, MA

April 2023 – Present

- Conducts 15-minute one-on-one coaching drop-in appointments with peers who are focused on exploring and preparing for jobs/internships in order to promote student confidence and career readiness.
- Collaborates with the Career Cluster Coaches, the Employer Relations Team, Career Center Graduate Assistants, the Front Desk Ambassadors, and the career center leadership team on blog and social media to promote services and programs.

CAMPUS EXPERIENCE

Student Nurse Association, Boston College Chapter

Secretary

Chestnut Hill, MA

May 2025 – Present

- Participate in monthly meetings with other student nurses, emphasizing professional development
- Provide meeting minutes to members who are unable to attend meetings in order to provide meaningful information to all members

SKILLS

Computer: EPIC, Cerner, MEDITECH, CPSI, Microsoft Office Suite and Google Workspace

Certifications: BLS/AED, Phlebotomy | Languages: Spanish (Intermediate Proficiency)

First & Last Name

Buffalo, NY | email@bc.edu | (283) 394-4857 | linkedin.com/name

EDUCATION

Boston College, Morrissey College of Arts & Sciences; Chestnut Hill, MA May 2026

Bachelor of Science in Biology, Minor in Faith, Peace & Justice – Medical Ethics | GPA: 3.0

- Relevant Coursework: Vaccine Development & Public Health, Sociology of Health & Illness, Bioethics & Social Justice, Values in Social Service & Health Care

LEADERSHIP EXPERIENCE

Bioethics Society of Boston College; Chestnut Hill, MA Aug 2023 – Present

President

- Collaborate with fellow executive board members to organize and lead a biweekly clinical ethics discussion group on current Bioethics-related news
- Identify and invite top Bioethics professionals and coordinate two informative guest speaker events on campus each year to increase undergraduate student industry knowledge and networking opportunities

Founder

Feb 2023 – May 2023

- Spearheaded the creation of the Bioethics Society of Boston College, a student organization focused on providing a space for interested students to learn more about and discuss the field of Bioethics
- Coordinated with the Office of Student Involvement to bring the club from the drawing board to fruition, including drafting a preliminary budget, creating an initial marketing plan, and petitioning the Biology department for a faculty advisor
- Recruited 18 new members to the organization through active social media and email marketing

Winston Center for Leadership Ethics; Chestnut Hill, MA

Nov 2023

Travel Grant Recipient

- Attended the 2018 American Society for Bioethics and Medical Humanities Conference in Anaheim, CA
- Participated in discussions on topics including gene editing, consciousness, religion in medicine, and gun violence in order to spread community awareness of relevant issues within communities nationwide

WORK EXPERIENCE

Recanati-Miller Transplantation Institute at Mount Sinai Hospital; New York, NY Jun 2023 – Aug 2023

Transplant Surgery & Hospital Ethics Intern

- Observed living and deceased donor kidney removal procedures, recipient kidney transplant surgeries, and learned to identify the distinct intricacies faced in each process
- Gained exposure to the ethics of transplant operations by attending 20+ patient clinic appointments, including final cross matches, listed follow-ups, and social work evaluations

VOLUNTEER EXPERIENCE

Global Medical Brigades of Boston College; Estelí, Nicaragua May 2023

- Traveled to Nicaragua as a part of a Global Medical Brigade, bringing medical care to remote parts of the country by taking vitals in triage, shadowing doctors in consultations, and assisting in a pharmacy

Appalachia Volunteers Program; Chestnut Hill, MA

Sep 2022 – Mar 2023

- Reflected on matters of service and social justice by meeting weekly with a small discussion group
- Volunteered in Detroit, MI for one week during spring break, working directly alongside community members and leaders to better understand the impact of social injustices on the local population

SKILLS

Computer: Microsoft Office, Google Workspace, STATA

Language: Spanish (Fluent)